Results from ASIA 2025 - 20

INDIA

(-courtesy of Mr Ram. Muralikrishnan -)

following are a few selected TOP performances from two major National Athletics Championships / the U23 Champs were separately held at Hanumankonda (= Warangal), while the Junior Champs were held for different Junior & Youth Age-categories for Under 20 Men/Women (born 2005 or later), Under 18 & Under 16 & Under 14 Youth Boys/Girls / due to the depth of good relevant performances in several events more detailed results are not included to this Report, but this detailed information is included by
two separate files with complete results from both Championships as attached

5th National U23 Champs at Hanumankonda / 16. – 18.10.2025

U23 Men:
100 m (16)/+0.2: Dondapati Harutyam 10.49;
400 m (17): Tarandeep Singh 46.95;
110 m H (17)/+2.0: M.Krishik 13.84;
400 m H (18): Arjun Pradeep 50.29;
L J (17): C.V.Anurag 8.06/+1.7;
J T (18): Anand Singh 76.56; Aditya ??/2006 75.45;
20000 m Walk (17): Sachin Bohra 1:26:59.83;

U23 Women:
100 m (16)/+0.8: Hanmant S.Sudeshna 11.66; Sakshi ?? 11.69;
semis (16) s1/+1.6: Sudeshna 11.63; s3/+1.8: Sakshi 11.62;
3000 m St (18): Prachi Devkar 10:09.07; Susmita Tigga 10:44.23;
L J (16)/nwi: Mubassina Mohammed/2006 6.36;
20000 m Walk (17): Mahima Choudhary 1:39:28.83; Aarti ??/2006 1:39:55.93;

40th National Junior Champs at Bhubaneswar / 10. – 14.10.2025

Junior Men / under 20 years:
100 m (10)/-0.1: Parth Singh/2007 (IND & TPE dual citizen) 10.52 (& 10.51/+0.6 as 1s2);
200 m (13)/-0.2: Pratik Maharana/2007 21.24;
400 m (11): Mohammed Ashfaq/2007 46.87;
L J (11): Parth Singh/2007 (IND & TPE dual citizen) 7.82/+0.3;
S P / 6 kg (13): A.Sai Kiran/2006 18.42;
H T / 6 kg (12): Narpat Singh/2006 67.45;
J T / 800 g (14): Aditya ??/2006 76.50;
5000 m Walk (12): Amit Kumar/2006 19:47.76; Ashish Yadav/(2005) 19:49.99; Sachin ??/2006 19:59.48;
Youth Boys / under 18 years:
S P / 5 kg (12): Nishchay Panwar/2008 19.48;
D T / 1.5 kg (13): Nishchay Panwar/2008 **63.69 / Asian 2025 Youth Leader**; Vishal Kumar/2008 60.90;
J T / 700 g (11): Himanshu ??/2008 **80.38 / World & Asian 2025 Youth Leader & NYR** (& 79.96 in qualification on 10th / he twice improved the pre-Meet Record from Neeraj Chopra 11 years ago !!)
5000 m Walk (13): Tushar Panwar/2008 20:11.35;

Junior Women / under 20 years:
200 m (13)/-0.1: Neeru Pahtak/2007 24.05;
400 m (11): Neeru Pahtak/2007 53.38;
3000 m St (14): Manju Choudhari/(2005) 10:56.98;
L J (11): Mubassina Mohammed/2006 6.30/+0.1;
J T (13): Deepika ??/(2005) 54.16;
5000 m Walk (12): Manisha ??/2006 23:43.58;
Youth Girls / under 18 years:
3000 m Walk (13): Ranjana Yadav/2009 **13:41.55 / Asian 2025 Youth Leader** ; Vedanti Mangutkar/2008 13:45.07;

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SRI LANKA

All Island School Athletics Champs at Diyagama / 10. – 14.10.2025

(-courtesy of Mr Sameera Lakruwan Perera, SRI Athletics Federation -)

following are selected best performances from this competition for different Junior & Youth Age-categories / Year-of-birth information was added from my collected data from earlier competitions, but is not available for all Junior & Youth athletes

Junior Men / under 20:
100 m (11)/+1.0: Saad Faleel/2007 10.72 (& 10.75/-0.9 as 1s1 & 10.83/+1.0 as 1h1); M.B.M.Azam 10.85;
200 m (13)/+0.7: J.Omel Shashintha Silva/2007 20.88 / NJR & 8th SRI All-Time; Thisen Ranvidu/2007 21.25; M.B.M.Azam 21.47; S.M.S.W.Rajakaruna/2007 21.55; Arosh Shakya Aloka/2006 21.70; Saad Faleel/2007 21.84;
heats (12) h1/-1.2: Silva/2007 21.44; h2/-1.2: Rajakaruna 21.61; Ranvidu/2007 21.81;
400 m (11): J.Omel Shashintha Silva/2007 46.17 / 9th SRI All-Time; K.L.Ayomal Akalanka/2006 46.29; Thisen Ranvidu/2007 46.95; S.M.S.W.Rajakaruna/2007 47.50; L.Deshan Theekshana/2007 48.36;
heats (10) h1: Akalanka/2006 48.41; h2/: Rajakaruna/2007 48.63; h3: Silva/2007 47.00; Ranvidu/2007 47.50;
800 m (13): G.L.N.Dineth Liyanage/2007 1:52.21; D.M.W.P.Dhanasekara/2007 1:53.38; Priyankara Pathirana/2006 1:53.83; Kalana Oshada Jayamanna/2007 1:54.18; W.H.A.Weerawardhana/2006 1:54.37;
heats (12) h1: Pathirana/2006 1:56.64; h3: Liyanage/2007 1:54.07; Dhanasekara/2007 1:55.46; G.Fahath Ahamed 1:56.90;
1500 m (11): G.L.N.Dineth Liyanage/2007 3:57.18;
110 m H / 99 cm (13)/+0.6: K.M.Kaveesha Dilshan/2007 14.04; Andrew Akash Anthony Raj/2006 14.14; M.G.G. Sadila Rashmika/2006 14.31; A.A.D.Yauwana Maleesha/2007 14.43; H.D.Sandula Jayampathy/2007 14.59; P.Naveen 14.77;
heats (12) h1/-0.2: Raj/2006 14.66; h2/-0.3: Dilshan/2007 14.18; M.G.G.S.Rashmika/2006 14.63; h3/+1.1: Maleesha/2007 14.53;
400 m H (14): K.L.Ayomal Akalanka/2006 49.90 / NJR & 3rd SRI All-Time; Mark Roshen/2006 53.01; Thisan Dinujaya Wijerathna/2006 53.12; M.A.Riffai/2007 53.75; P.T.R.Praveen Rashmika/2006 54.16;
heats (13) h1: Akalanka/2006 50.75; h4: Roshen/2006 54.31; Wijerathna/2006 54.39; Rivindu Jayathissa/2007 54.54;
H J (14): G.Lesandu Arthavidu/2006 2.10; Methuja Sanudika Lokuge 2.00; K.D.N.Chandupa Fernando 2.00;
P V (11): C.Thushanthan 4.50; S.Kajanan/2007 4.50; Thushen Malindarathna Silva/2006 4.50; N.Danssan/2006 4.20;
L J (11): D.Thevindu Sandil/2007 7.21/-0.7; G.B.A.Sampath Bandara/2007 7.17/+0.8; Chanuka Vithana/2006 7.09/-0.7;
T J (12): Thehara Ravishka Fernando/2007 15.25/+1.2; L.D.Tharun Pathirja/2006 14.96/+1.4;

S P / 6 kg (14): H.Udantha Jayasinghe/2007 16.27;
J T (13): H.M.B.L.Kumara 62.53;
4x100 R (14): Maris Stella College Negombo Junior Team 41.46;
4x400 R (12): Maris Stella College Negombo Junior Team 3:16.01;

Youth Boys / under 18:
100 m (11)/+0.9: M.P.Sadaruwan Silva/2008 10.68; Chathushka Imesh Silva/2008 10.74; K.H.Shihan Nadeeshana/2008 10.77;
semis (10) s1/-1.3: Nadeeshana/2008 10.77; s2/-0.4: Sadaruwan Silva/2008 10.78; Imesh Silva/2008 10.85;
heats (10) h5/-1.1: Nadeeshana/2008 10.83;
200 m (13)/+0.1: Chathushka Imesh Silva/2008 21.32 / NYR; E.A.I.Sankalpa Edirisinghe/2008 21.87; G.P.Sahas Fonseka/2008 22.00; K.H.Shihan Nadeeshana/2008 22.01; M.H.M.Safas/2008 22.04;
400 m (11): E.A.I.Sankalpa Edirisinghe/2008 47.42; I.Maduwantha Bogoda/2008 48.84; G.P.Sahas Fonseka/2008 48.87;
semis (11) s1: Edirisinghe/2008 48.50; Bogoda/2008 48.81;
heats (10) h5: Edirisinghe/2008 48.91;
800 m (13): Rehan Perera/2008 1:54.73; N.Akonik Dilshan/2008 1:55.12; Ramaiya Yadhurshan/2008 1:55.49; Pahasara Perera Gunathunga/2008 1:56.72; L.R.M.N.Bandara/2009 1:57.45;
110 m H / 91.4 cm (13)/-1.4: W.A.Kisal Oshada/2009 13.83; H.M.Sadew Anuhas/2008 13.93; D.K. Kamesh/2008 14.38; Disala Hansidu Perera/2008 14.41; M.Sherosh Fernando/2008 14.69;
heats (12) h1/+1.2: Wijekoon/2008 14.46; Fernando/2008 14.84; h2/-0.4: Anuhas/2008 14.39; Kamesh/2008 14.52; h3/nwi: Oshada 14.25; Perera/2008 14.64;
400 m H (14): M.M.Shavidu Nimasha/2008 52.70 (& 53.24 as 1h2 on 13th); P.S.Edirisinghe Arachchi/2009 54.13;
H J (13): Pavan Nethya Sampath/2008 2.07; P.Dinuka Dilshan 2.04; Sadew Dahamsa Jayasinghe/2009 2.00;
P V (12): L.S.Rashmika Rusiru/2008 4.30;
T J (14): J.L.Jenkins/2008 15.48/+1.5; K.G.Shenesh Chiranthana/2008 14.89w/+2.1;
S P / 5 kg (10): Binuda Bojitha Gunasekara/2008 15.57;
D T / 1.5 kg (13): Binuda Bojitha Gunasekara/2008 49.51;
4x100 R (12): St Joseph Vaz College Colombo Youth Team 41.90;
4x400 R (14): Maris Stella College Negombo Youth Team 3:18.93;
Younger Boys / under 16:
800 m (13): R.D.Amarasinghe/2010 1:57.88;

Junior Women / under 20:
100 m (11)/-0.1: P.U.D.Ransini Perera/2007 12.10 (& 11.97/-0.2 as 1h2 on 10th);
200 m (13)/-2.1: Jithma Shenari Wijethunga/2006 24.31; P.U.D.Ransini Perera/2007 24.71;
heats (12) h1/-1.3: Perera/2007 25.23; h2/-1.0: Wijethunga/2006 24.42;
400 m (11): Jithma Shenari Wijethunga/2006 54.09; K.Takshina Nuhansa/2006 55.72; Rashini Karunarathna/2006 56.84; Warsha Dewmini Wimalasekara/2007 57.54;
heats (10) h1: Wijethunga/2006 55.46; h2: Nuhansa/2006 56.69; h3: Karunarathna/2006 57.14;
800 m (13): K.Takshima Nuhansa/2006 2:10.54;
1500 m (11): K.Takshima Nuhansa/2006 4:42.17;
100 m H (13)/+0.4: B.G.M.Sidasna Gunathilaka/2006 14.54;
heats (12) h1/+0.5: Nehansa Paranaliyanage/2007 15.17; h2/-0.9: Gunathilaka/2006 14.52;
400 m H (14): Rashini Karunarathna/2006 62.34 (& 64.61 as 1h1 on 13th); D.A.S.Hansika/2007 64.28; F.Haneesha Muthalif 64.60;
H J (12): D.K.Timeshi Jayarathne/2006 1.68; S.H.Himanshana Gimhani 1.68;
P V (13): Selvarasa Nirushika/2006 3.30; P.Abishalini/2007 3.20;
L J (10): Oshini Kavindya Kodikara/2007 6.03/+1.5; W.M.B.G.Wikramasinghe/2007 5.74/+1.3; D.A.S. Hansika/2007 5.66/+2.0; M.Maleesha Manohari/2006 5.66/-0.8;
T J (11): Oshini Kavindya Kodikara/2006 12.64/ 0.0; M.Maleesha Manohari/2006 12.41/-0.5;

4x100 R (14): Lyceum International School Wattala Junior Team 49.31;
4x400 R (12): Lyceum International School Wattala Junior Team 3:49.93;
Youth Girls / under 18:
100 m (11)-1.6: Dhananjaya Sewmini Fernando/2008 12.01 (& 12.01/-0.8 as 1h1 on 10th);
200 m (13)/+1.4: Dhananjaya Sewmini Fernando/2008 24.30 (& 25.23/-1.3 as 1h3 on 12th); K.Risansa Hirupama/2008 24.64; Radini Waranga De Silva/2008 25.16;
400 m (11): D.M.Ronalee Pieris/2008 56.62; Radini Waranga De Silva/2008 57.38; U.M.Sansala Himashani/2008 57.44; B.G.H.A.S.Bokubura/2008 57.69;
heats (10) h2: Himashani/2008 57.64; W.A.S.S.Piyumali/2009 57.74; h3: Pieris/2008 56.99;
800 m (13): M.G.Tharushi Abhisheka/2008 2:07.90; M.P.Ayesha Sewwandi/2008 2:09.99; U.M.Sansala Himashani/2008 2:11.71; B.D.C.Sandeepani Silva/2008 2:15.95;
heats (12) h2: Sewwandi/2008 2:14.40; h3: Abhisheka/2008 2:15.52; B.D.C.Sandeepani Silva/2008 2:15.60; K.M.K.V.Premathilaka/2008 2:15.86;
1500 m (11): W.G.Tharushi Abhisheka/2008 4:29.47 / NJR & NYR; M.P.Ayesha Sewwandi/2008 4:34.53; B.D.C.Sandeepani Silva/2008 4:36.91; K.Niduki Prarthana/2008 4:47.97;
3000 m (14): M.G.Tharushi Abhisheka/2008 10:09.71;
100 m H (13)/-1.2: K.Solomons 14.51 / NYR (& 14.73/-0.3 as 1s1 on 12th); A.G.Kinuri Kaveesha/2009 14.84;
400 m H (14): U.M.Sansala Himashani/2008 61.34 (& 64.08 as 1h1 on 13th); P.H.Amaya/2009 62.48; Sasvi Senevirathne/2008 63.60;
H J (13): Mihinsa Dewmini Abeyrathne/2008 & P.L.Shenuri Upeksha/2008 1.65; S.P.Numashi Nethmini/2008 1.65;
L J (12): W.G.Sithmini Ranaweera/2008 5.81/-0.7; M.Dilki Nehara/2008 5.69/+0.8; W.D.Kawshalya Perera/2008 5.65/+0.7;
T J (14): M.Dilki Nehara/2008 12.39/+0.5; T.T.Sefani Fernando 11.93/+0.7; W.D.Kawshalya Perera/2008 11.87w/+2.2;
4x100 R (12): Lyceum International School Wattala Youth Team 48.09;
4x400 R (14): Rathnayake College Youth Team 3:54.11;
Younger Girls / under 16:
200 m (13)/+1.4: E.Nimshi Ruwasha/2010 25.24;
400 m (11): Gimhani Aloka/2011 57.58; E.A.K.Nethara Ranasinghe/2010 57.86;
100 m H / 76.2 cm (13)/-0.4: H.A.Lakshya Sandali/2011 14.72;
L J (13): N.S.Savindi Senarathne 5.72/+0.8:
S P / 3 kg (12): Dilki Dewmini Karunarathne/2010 13.19;

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VIETNAM

National Athletics Junior/U20 Champs at Danang / 10. – 14.10.2025

(-courtesy of Mr Hoang Minh Quyet, VIE Athletics Federation -)

following are detailed results / no wind-measurements reported / there were no events held on 12th Oct / according to the NJR-information there are performances valued as new NJR´s (4.46 m in Men´s Pole Vault & 1.85 m in Women´s High Jump), although there were better results (4.60 m from 2011 resp. 1.88 m from 2009) listed in the past, which are not officially valued by VIE Federation for reasons not known to me

Junior Men:
100 m, (10): To Hung Cuong/2007 10.60 (& 10.77 as 1s2); Nguyen Anh Quan/2006 10.80;
200 m (13): Lam Quang Huy/2008 21.63; Thach Minh Hieu/2007 21.95; Le Duy Doan/2008 21.97; Tran Minh Thuan/2006 22.02;
semis (13) s1: Lam Quang Huy/2008 21.91; Thach Minh Hieu/2007 22.03; s3: Tran Minh Thuan/2006 22.01;
heats (13) h1: Lam Quang Huy/2008 21.80;

400 m (11): Vu Ngoc Khanh/2006 47.55; Nguyen Xuan An/2007 47.79; Ngo Tuan Vu/2007 48.18;
800 m (14): Mai Xuan Ban/2008 1:54.04; Luong Binh Duong/2006 1:54.86; Ha Duy Thanh/2006 1:55.99; Doan Bui Thanh Truong/2007 1:56.58;
semis (13) s2: Luong Binh Duong/2006 1:57.83; Mai Xuan Ban/2008 1:57.86;
1500 m (11): Luong Binh Duong/2006 3:58.33; ex-competition/Senior: Nguyen Chi Kien/(2005) 3:56.21;
3000 m St (14): Luong Xuan Son/2007 9:39.49;
110 m H / 99 cm (11): Nguyen Thanh Phat/2006 14.25; Lo Quy Don/2007 14.46; Dang Van Hoan/2007 14.56;
400 m H (13): Danh Thanh Toan/2006 52.67 (& 54.42 as 1h3); Nguyen Minh Tuan/2007 53.54; Quach Ngoc Minh/2008 53.67; Pham Quoc Anh/2007 53.95;
H J (11): Nguyen Xuan Truong/2006 2.03; Nguyen Huu Tin/2008 2.03;
P V (14): Luong Quoc Huy/2006 4.46 / NJR; Dang Minh Thien/2006 4.20;
L J (10): Pham Xuan Tien/2006 7.48; Tran Van That/2006 7.10; Tran Cong Tin/2006 7.10;
T J (14): Nguyen Thanh Vuong/2006 14.98; Nguyen Thai Loi/2007 14.88;
S P / 7.26 kg (!!) (10): Nguyen Van Bao Huong/2008 14.57; Ly Kha Duy/2006 14.34;
H T / 7.26 kg (!!) (14): Dinh Thanh Nhan/2006 51.98; Tran Ho Phuoc Manh/2007 47.19;
J T / 800 g (13): Phan Van Anh Kiet/2007 61.68; Nguyen Tan Khiem/2006 61.67;
Octathlon (10/11): Do Hoang Nghia/2006 5501 / NJR (11.32; 6.71; 9.92; 51.27 / 15.00; 1.98; 41.70; 3:04.19); Vo Da Bat/2006 5017 (11.66; 6.31; 8.59; 52.74 / 15.25; 1.80; 42.77; 3:04.56); Nguyen Huu Duong/2008 5014 (11.70; 6.73; 10.83; 53.51 / 16.73; 1.80; 40.80; 3:04.32); Nguyen Huu Nhan/2006 4950; Truong Dinh Khanh/2008 4836;
4x100 R (11): Ho Chi Minh Junior Team (Tran Minh Dat, Nguyen Quoc Bao Toan, Vo Dang Quy, Truong Huynh Minh Tri) 41.98;
4x200 R (14): Ho Chi Minh Junior Team (Huynh Gia Hao, Pham Minh Nhut, Nguyen Hoang Nam, Thach Minh Hieu) 1:27.54;
4x400 R (10): Hanoi Junior Team (Ta Gia Khanh, Ngo Duc Manh, Nguyen Tien Nghia, Nguyen Xuan An) 3:16.43;
4x800 R (13): Hung Yen Junior Team (Vu Tien Dat, Luong Binh Duong, Ha Minh Thai, Vu Ngoc Khanh) 7:58.50;

Junior Women:
100 m (10): Nguyen Thi Thu Ha/2008 12.07; Do Thi My Duyen/2007 12.29;
200 m (13): Le Thi Diem Hang/2007 25.01; Hoang Thi Ngoc Khanh/2006 25.27;
400 m (11): Le Thi Diem Hang/2007 56.11; Dong Thi Huong/2009 56.97; Nguyen Thi Kim Thanh/2006 57.03;
800 m (14): Vu Thi Tra My/2007 2:13.97; Nguyen Thi Kim Thanh/2006 2:15.08; Nguyen Thi Hong Anh/2006 2:15.82;
1500 m (11): Nguyen Khanh Linh/2006 4:27.14; Hoang Thi Ngoc Anh/2006 4:36.85; Nguyen Thi Diem/2007 4:45.39;
10000 m (13): Trieu Thi Binh/2008 37:00.17;
3000 m St (14): Hoang Thi Ngoc Anh/2006 10:50.55; Ly Mui Sau/2008 11:06.50; Nguyen Thi Thanh Tuyen/2007 11:08.49; Dinh Thi Thu Huong/2007 11:08.56; Deo Thi My/2009 12:25.92; Pham Thi Thu Hien/2009 12:50.39; R Noa/2008 12:58.51;
100 m H (13): Vo Thao Vy/2008 14.74; Pham Thi Quynh Anh/2008 14.75; Do Ha Mai Hien/2007 14.90;
400 m H (13): Danh Thi Thuy/2007 62.07 (& 63.92 as 1h1);
H J (10): Duong Thi Thao/2006 1.85 / NJR; Mai Ngoc Anh/2008 1.78 / NYR (eq.); Bui Thi Kim Anh/2006 1.76;
P V (14): Le Thi Ha Uyen/2009 3.10; Le Thi Ngoc Diem/2009 3.00;
L J (10): Ha Thi Thuy Hang/2006 6.20; Chau Ngoc Qyunh Anh/2007 5.73; Ngo Thi My Duyen/2006 5.68; Le Thi Nhu Quynh/2006 5.64;
T J (14): Chau Ngoc Quynh Anh/2007 12.55; Le Thi Nhu Quynh/2006 12.09; Huynh Thuy Vy/2007 12.05; Bui Thi Xuan/2009 11.81;

S P (14): Nguyen Van Anh/2006 14.12;
D T (11): Nguyen Vu Quynh Trang/2006 40.49;
H T (14): Huynh Thi Ngoc Ly/2006 46.70; Tran Nguyen Thuy Duong/2008 45.58; Pham Thi Ngoc Y/2006 43.25; Pham Ngoc Bao Thy/2007 40.18;
J T (13): Truong Thi Tuyet Mai/2009 42.28;
Heptathlon (13/14): Ngo Thi My Duyen/2006 4531 (14.93; 1.47; 8.27; 25.66 / 5.51; 25.21; 2:24.82);
Phan Huynh Nhu/2007 4425 (15.17; 1.59; 9.44; 26.43 / 5.35; 24.12; 2:37.17);
10000 m Walk (14): Ho Thi Van/2006 57:10.10;
4x100 R (11): Nhan Dan Junior Team (Do Thi Lan Anh, Hoang Thi Ngoc Khanh, Luc Phi Yen, Tong Thi Hai Yen) 48.36;
4x200 R (14): Ho Chi Minh Junior Team (Phan Thi Khanh Bang, Nguyen Phan Quynh Anh, Le Tuyet Nga, Nguyen My Quyen) 1:42.68;
4x400 R (10): Ninh Binh Junior Team (Phan Thi Quynh Anh, Nguyen Thi Thu Ha, Nguyen Khanh Linh, Vu Thi Tra My) 3:55.94;

Mixed Relays:
4x100 R (11): Nhan Dan Junior Team (Luc Phi Yen, Hoang Thi Ngoc Khanh, Ngo Mau Quyet, Lam Quang Huy) 44.50 / NJR;
4x400 R (10): Hanoi Junior Team (Nguyen Tan Nghia, Vu Thanh Tam, Nguyen Xuan An, Nguyen Thi Kim Thanh) 3:36.56;

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IRAN

Review of results from National competitions during September

(-courtesy of Ms Leila Moradi, Iranian Athletics Federation -)

following are selected best performances from the 4 Clubs League Final competitionhs / all athletes from IRAN except two guests from OMA & QAT as noted / DOB-information not reported for participants at all events except for few TOP Junior/Youth athletes (known to me from earlier competitions / most probably several other athletes competing at the events for Senior Men/Women were from Junior/Youth Category)

National Clubs League Final Meet for Men at Tehran / 28. - 29.09.2025

100 m (28)/-0.1: Benyamin Yousefi 10.44 (2nd = 10.88 only !);
200 m (29)/-0.9: Benyamin Yousefi 20.86; Mohammed Taleei 21.28; Milad Naseh Jahani 21.32; Omid Reza Moradi/2008 21.50; Hadi Shahmarzadeh 21.72;
400 m (28): Mohammad Taleei 46.80; Ali Reza Jamshahi 47.33; Milad Naseh Jahani 47.87; Hadi Shahmarzadeh 47.00; Omid Reza Moradi/2008 48.11; Amir Reza Poursakha 48.14;
800 m (29): Amir Arsalan Hamidi/2006 1:49.55; Sobhan Ahmadi 1:49.89; Amir Farzam Safari 1:50.31; Amir Hossein Papi 1:51.02; Mani Mokhtari 1:52.78; Hamid Reza Kavousi 1:55.78; Maziyar Gharegozlou 1:55.96; Mobin Alikhani 1:56.04;
1500 m (28): Amir Farzam Safari 3:48.14; Hossein Nouri 3:50.01; Amir Hossein Papi 3:52.29; Yousef Azarian/2006 3:54.27;
5000 m (28): Samir Eghbali 14:48.50; Morteza Beiranvand 15:01.84;
10000 m (29): Morteza Beiranvand 30:57.73;
Half Marathon (29): Mansour Bayat 1:09:07; Ali Akbar Bazri 1:11:20; Hossein Basirzadeh 1:11:43; Ahmad Mansouri 1:14:06;
3000 m St (29): Yousef Azarian/2006 9:12.39;
110 m H (28) Race A/-1.8: Mahdi Pirjahan 14.43; Yasin Golmohammadi/2006 14.83; Ali Karami 14.86;
Race B/-2.2: Amir Mohammad Soleimani 15.05;

400 m H (29): Mahdi Pirjahan 50.23; Yasin Golmohammadi/2006 51.17; Ali Abbaspour 52.97; Hossein Arzroumi 53.53;
H J (29): Fatak Yakoob Abdulghafoor OMA 2.10; Parsa Shadnia/2006 2.00;
L J (29): Mohammad Reza Firouzkouhi 7.36/-0.1; Eilia Tekyeghomi 7.10/-0.2;
T J (28): Mojtaba Zahedi 15.27/-1.1; Ali Seyedi 15.22/-0.1;
S P (29): Hassan Ajami Bakhtiarvand 19.35; Morteza Nazemi 18.16; Omid Taghipour 16.56; Erfan Mirzaeian 15.94; Mohammad Amin Toufani 15.16;
D T (28): Behnam Shiri 54.67; Morteza Nazemi 50.84; Mohammad Reza Ziyaei 47.40; Mojtaba Shabaneh 46.00; Mehdi Saberi 45.85;
H T (29): Mahdi Mohammadi 65.50; Mohammad Sistani 59.93; Soheil Agahi 55.07; Farhad Ebrahimi 53.20; Ali Reza Nabinezhad 49.33;
J T (28): Younes Yousefvand 71.01; Mahdi Fathi Ganji 66.09; Ali Fathi Ganji 65.20; Mostafa Nik Khah 64.74; Vahid Kalteh 64.53; Mohammad Matin Veiskari 63.05;
Decathlon (28/29): Amir Hossein Ebrahimi 6368 (11.73; 6.45; 12.51; 1.81; 52.77 / 16.53; 43.13; 3.80; 39.66; 4:51.16); Sina Afshinfar 6009 (11.50; 6.52; 12.11; 1.84; 56.05 / 15.46; 41.73; 3.50; 38.45; 5:45.65);
20 km Walk (29): Hamid Zouravand 1:33:34; Armin Shahmaleki 1:46:00; Amir Taherkhani 1:49:00;
4x100 R (28): Naft Tehran Team (B.Yousefi, M.A.Ghareh, M.Zamani, A.R.Moeinpour) 40.84;
4x400 R (29): Naft Tehran Team (M.H.Nikzamir, M.Pirjahan, M.N.Jahani, M.Taeei) 3:17.62;

National Clubs League Final Meet for Women at Tehran / 21. – 22.09.2025

100 m (21)/-0.3: Pardis Abdolmohammadi 11.89; Melina Esmaili 12.21; Faezeh Ashourpour 12.23;
200 m (22)/-1.0: Pardis Abdolmohammadi 24.15; Zahra Zareei 24.58; Melina Esmaeili 25.12;
400 m (21): Zahra Zareei 54.55 / 3rd IRI All-Time; Shad Mohamed Ashraf QAT 55.51; Nazanin Fatemeh Eidian 56.22; Maryam Mohebbi 56.43; Negin Azari Edalat 56.51; Atefeh Khani 57.70;
800 m (22): Ayda Narouei 2:11.84; Sepideh Saremi 2:15.93;
1500 m (21): Sepideh Saremi 4:43.37; Mobina Khayat/2007 4:45.26;
3000 m St (22): Nazanin Khorasani 12:23.90; Parisa Najafi 12:56.63; Narjes Emami/jr 13:21.79;
100 m H (22)/-2.2: Faezeh Ashourpour 14.06; Fatemeh Adabi 14.78; Elnaz Mousaei 14.89;
400 m H (22): Nazanin Fatemeh Eidian 63.18;
H J (22): Asal Aligholi/2006 1.71; Mahya Naeimi 1.68;
P V (21): Mahsa Mirzotabibi 3.90; Fatemeh Khodaei 3.50; Samira Kordali 3.40; Kimia Farmahini Farahani 3.20;
L J (21): Sarina Saedi 6.03/-0.1; Maral Atorodikia 5.76/+0.3;
T J (22): Sarina Saedi 13.13/+1.6 / 3rd IRI All-Time; Maryam Kazemi 12.83/+1.3; Zahra Hefzi 11.87/+1.1; Parisa Nabizadeh 11.84/+1.2; Arefeh Nikbin 11.84/+0.7;
S P (21): Elaheh Alizadeh 13.27;
D T (22): Fatemeh Shokri 42.51; Nareh Gharakhani 40.00;
H T (22): Melika Norouzi 61.69 / 2nd IRI All-Time / missed NR by 15 cm only; Zahra Arab Rostami 61.23; Mahdie Hekmatsara 52.84;
J T (22): Zahra Najafi 49.07; Mana Hosseini 48.92;
Heptathlon (21/22): Fatemeh Mohitizadeh 5349 (14.46; 1.68; 11.29; 25.86 / 5.99; 34.56; 2:25.39); Saba Khorasani 4933 (14.88; 1.59; 10.98; 25.47 / 5.66; 29.71; 2:29.41); Sadaf Aghajani 4674 (15.29; 1.65; 9.48; 26.95 / 5.07; 34.99; 2:28.27);
4x100 R (28): Azad University Team (M.Esmaeili, E.Mousaei, M.Atarodikia, F.Ashourpour) 48.88;
4x400 R:(29): Azad University Team (S.Saremi, P.Abdolmohammadi, N.A.Edalat, N.F.Eidian) 3:58.17;

Nat.Clubs League Final Meet for Junior Men at Tehran / 14. - 15.09.2025

200 m (15)/-1.3: Omid Reza Moradi/2008 (no time reported); Mostafa Tabourak 21.60;
400 m (14); Omid Reza Moradi/2008 48.59;
800 m (14): Abolfazl Davoudi 1:54.29; Mobin Alikhani 1:56.23;

1500 m (15): Mohammad Saleh Kamareh/2008 3:51.54 / NYR;
3000 m St (15): Miad Goudarzi 9:23.73;
110 m H/99 cm (14)/-1.1: Benyamin Tahmasbi/2007 14.39; Amir Mohammad Soleimani 14.63; Reza Ahdenour 14.97;
400 m H (15): Yasin Gol Mohammadi/2006 51.55; Reza Ahdenour 53.43; Benyamin Tahmasbi/2007 54.15; Hossein Arzroumi 54.31;
H J (15): Parsa Shadnia/2006 2.03;
T J (15): Mohammad Ghallash/2008 14.83/-0.2; Pouria Aryafar 14.80/-0.2;
S P / 6 kg (14): Sina Sarabi/2006 18.54; Mohammad Amin Toufani 17.89; Ali Reza Heidari/2007 17.60; Moein Nazghelchi 16.76; Kiarash Kaboli/2008 16.38; Mahdi Alidarzi 16.19;
D T / 1.75 kg (15): Sina Sarabi/2006 51.66; Amir Hossein Mohammadnia 49.63;
H T / 6 kg (15): Amir Reza Ahanin Maram/2008 63.33; Soheil Agahi 61.07;
10000 m Walk (15): Amir Mohammadi Erfani/2008 50:03.50;
4x100 R (14):: Heyat Zaniyan Junior Team (F.Zirak, A.R.Haji, M.R.Mohammadi, M.Tabourak) 42.32;
4x400 R (15): Moghavemat Shardari Tabriz Junior Team (O.R.Moradi, Y.Gol Mohammadi, R.Ahdenour, A.H.Entezari) 3:16.78;

Nat.Clubs League Final Meet for Junior Women at Tehran / 11.-12.09.2025

1500 m (12): Samia Shahpari/2008 4:41.61;
3000 m (12): Haniyeh Shahpari/2008 **9:44.52 / NR &** NJR & NYR; Samia Shahpari/2008 10:04.63 / 3rd IRI All-Time (= twin sisters)
3000 m St (12): Haniyeh Shahpari/2008 10:31.28; Raha Ahmadi 12:12.26; Narjes Emami 13:33.11;
H J (12): Asal Algholi/2006 1.69;
L J (12): Maedeh Salajegheh/2007 5.63w/+2.3;
H T (12): Hasti Siah Mansouri/2008 49.09;
4x100 R (11): Chador Malo Junior Team (F.Mohebbi, H.Ataei, F.Khosravi, M.Zare) 50.93;
4x400 R (12): Chador Malo Junior Team (P.Farahani, P.Amini, M.Zare, H.Shahpari) 4:06.78;

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BANGLADESH

National Inter-Services Champs at Dhaka / 12. – 16.10.2025

(-courtesy of newspaper websites -)

following are a few results out of very incomplete and inaccurate information / all events hand-timed & no wind-readings / for all other events no performances available / only Men events held
more detailed official results would be very welcome from the officials of Bangladesh Athletics Federation

100 m (16): Mohamed Ismail Hossain 10.4; Mohamed Abdul Motaleb 10.4; Mohamed Naim (??) 10.5;
200 m: Mohamed Abdul Motaleb 21.2;
400 m (15): Mohamed Lushad Islam 46.9; Nazimul Hossain Roni 47.2;
800 m: Mosharaf Hossain 1:53.?? (no exact time published);
110 m H (15): Sultan Sanjid 14.2;
400 m H: Nazimul Hossain Roni 51.6;
H J (13): Swapon Biswas 2.10; Mahfuzur Rahman 2.08;
P V (12): Mohd Shorov Miah 4.40;
L J: Mohamed Azim 7.40; Mohamed Ashraful Islam 7.29;
S P (15): Golam Sarwar **15.97/NR**;
D T (12): Abdul Alim 45.42; Miah Ripon 44.41;
H T (12): Gowrango Roy 48.93; Mohamed Jewel Islam 47.70;

J T (14): Mohamed Ashraful Shariar **64.94/NR;** Mehedi Hassan 64.35 / 2nd BAN All-Time;
20 km Walk ; Krishna (??) 1:45:21;
4x100 R: Army Team (??, Afzal, Shakib, Motaleb) 40.4;

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JORDAN

National Clubs Championships at Amman / 10. – 11.10.2025

(-courtesy of Mr Mohammed Abdulwahab -)

following are few selected best performances with thanks to my correspondent for his translations from information in ARAB figures / no wind-readings

Men:
200 m (19): Bilal Riad Diab Bashar 21.88;
800 m (10): Awad Mohamed Al-Sharafat 1:55.80; Rashid Mukhallad 1:56.52; Muslim Fayez Salem 1:57.05;
5000 m (11): Hussein Al-Bourini 15:18.00; Saad Salama Attia 15:18.10;
3000 m St (10): Abdulaziz Nour Al-Sanea 9:16.10;
S P (10): Musaab Ibrahim Al-Monani 14.87;
10000 m Walk (11): Aboud Khaled Joudeh **42:22.33/NR;**

Women:
100 m (11): Charlotte Al-Abyadh 12.41;
200 m (10): Walaa Al-Qawasmeh 24.87; Charlotte Al-Abyadh 25.19;
5000 m (11): Henweh Adam Ismail 17:39.88;

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LEBANON

3rd West Asian Junior/U20 Champs at Beyrouth / 02. – 05.10.2025

(-courtesy of Dr Wissam El Hawly, LBN Athletics Federation -)

following are additions to my Report No 19 – after receipt of the official Results Report incl. details to the Relay runners, who were not yet included to the earlier information

Junior Men:
4x100 R (4): KUW (S.F.Al-Khalaf, M.M.Al-Mutairi, M.J.Al-Qanaei, A.Al-Azemi) 41.70 / NJR; IRQ (A.M. Al-Kashkool, W.Al-Kaida, R.Al-Yacoobi, N.S.A.Al-Badiri) 42.54; LBN (M.Akil, J.Rizk, S.El Hajj, K.Artoun) 43.72;
4x400 R (5): QAT (K.N.Mahamat, A.Haroon, S.M.Hassan, Y.A.Djibrine) 3:09.37 / NJR; UAE (S.Shoaib Omar, A.A.Abdel Khadous, E.Abdelaziz, S.Abdulrahman) 3:15.56 / NJR; IRQ (M.S.Al-Yasiri, K.Al-Msehir, K.Al-Koorfee, A.H.Al-Wani) 3:21.95; KUW 3:22.97; LBN 3:31.29; SYR 3:42.43; JOR 4:00.49;

Junior Women:
J T (3): Zoulal Bezjian LBN/2008 34.86 / NYR; Alyaziah Tariq Abdullah/2009 **UAE** **32.05/NR** & NJR;
4x100 R (4): LBN (R.El Kahwaji, M.Bechara, N.Mouawad, C.Khalifa) 52.30; UAE 54.61; SYR disq. (only 3 teams);
4x400 R (5): UAE (E.Naser, M.Kareem, A.T.Muhammad, A.Kamarudeen) **3:46.71/NR** & NJR; SYR (R.El Hassan, R.Al-Assemi, N.Abbas, Z.Youssef) 4:09.29; JOR (N.Zaal, A.Al-Rayahina, M.Abou Kosh, H.Al-Aaraj) 4:17.02; LBN 4:28.69;

Mixed Relays:
4x400 R (3)/new event for Juniors (earlier NJR´s not known) / names of runners not reported:
UAE (M.Kareem, A.Kamarudeen, S.Shoaib Omar, A.A.Abdel Khadous) **3:26.62 / Asian 2025 Junior Leader & NJR**; QAT (D.N.Salem, M.Al Salik, S.H.Ahmad, S.M.Hassan) 3:37.73 / NJR; LBN (M.Kachoyan, S.Moustafa, K.Artoun, R.Jamous) 3:46.12 / NJR; IRQ (A.-Al-Gburi, N.H.Abboud, K.Al-Koorfee, M.S. Al-Yasiri) 3:49.14 / NJR; JOR 4:06.29 / NJR; SYR **4:07.75 / NR** & NJR;

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PHILIPPINES

PATAFA Weekly Relays Series Final at Pasig / 04.10.2025

(-correction to Report No 19 – with thanks to Mr Mauro Rossi -)

Men:
200 m/-0.2: Kent Jardin **21.63** (not 21.83);

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ON THE ROAD

(-courtesy of the Race – websites -)

INDIA

International Vedanta Half Marathon at New Delhi / 12.10.2025

(-courtesy of Mr Ram.Muralikrishnan -)

following are detailed results from this WORLD ATHLETICS GOLD Label Road Race (Full Marathon) plus the best performances from the Open National Marathon and Half Marathon Races

Men / Invited International & Indian Runners:
Alex Nzioka Matata KEN 59:50; Bayelign Teshager ETH 1:00:22; James Kipkogei KEN 1:00:25; Birhanu Legese ETH 1:00:54; Gerba Dibaba ETH 1:01:24; Isaac Kipkemboi KEN 1:01:48; Abera Mamo ETH 1:01:50; Reuben Rono KEN 1:02:05; Benard Biwott KEN 1:02:34; Lelisa Fufa Nigasa ETH 1:02:43; Bereket Nega ETH 1:03:39; Abhishek Pal IND 1:04:17; Sikiyas Misganaw ETH 1:04:45; Kiran Matre IND 1:04:57; Kartik Karkera IND 1:05:16; Mohd Aleem IND 1:05:20; Manoj Kumar IND 1:05:25; Melesse Birhane ETH 1:05:29; Lovepreet Singh IND 1:05:54; Dharmender ?? IND 1:06:17; Pradeep Chaudhary IND 1:06:19; Kalidas Hirave IND 1:06:41; Krestar June Pathaw IND 1:07:26; Gaurav Mathur IND 1:07:35; Harish ?? IND 1:07:56; Ankit Deshwal IND 1:08:24; Sahil Gill IND 1:10:54; Nikhil Singh IND 1:11:19; Aneesh Chandel IND 1:11:20; Arun Rathod IND 1:13:16;

Women / Invited International & Indian Runners:
Lilian Kasait Rengeruk KEN 1:07:20; Melal Siyoum Biratu ETH/2006 **1:07:21 / World Junior Record**; Mulat Tekle ETH 1:07:29; Catherine Reline Amanangole KEN 1:0750; Beriha Gebreslasie ETH/2006 1:08:50; Grace Loibach Nawowuna KEN 1:09:29; Alemaddis Eyayu ETH 1:10:51; Susy Chemaimak KEN 1:10:55; Monicah Wanjuhi KEN 1:11:05; Selamawit Shenbel ETH 1:11:12; Seema ?? IND 1:11:23; Santoshi Shrestha NEP **1:15:07/NR;** Ujala ?? IND 1:15:41; Sanjivani Jadhav IND 1:15:52; Lili Das IND 1:16:27; Ankita ?? IND 1:17:52; Aarti Arun Pawara IND 1:18:27; Bhagirathi Bisht IND 1:19:27; Kavita Yadav IND 1:19:30; Tamsi Singh IND 1:19:36; Kavita ?? IND 1:19:50; Jyoti ?? IND 1:20:39; Nirmaben Thakor IND 1:21:04; Pooja (I) ?? IND 1:21:33; Reenu ?? IND 1:23:43; Ravina Gayakwad IND 1:24:16; Pooja (II) ?? IND 1:26:03;

Men / National Open Race:
Shankar Swami 1:08:03; Ajit Bende 1:08:31; Bharat Bhushan 1:08:36 / 1st Veteran/40+ ; K.H.Singh 1:08:38;
Manjit Singh 1:08:39; Atul Kumar Dubey 1:08:47; Anant Gaonkar 1:08:52; Prathamesh Paramkar 1:09:25; Johborlang Nongspung 1:09:52; Nanjundappa Muniyellapa 1:09:56; Pankaj ?? 1:10:17; Ram Naresh 1:12:22; S.Vinoth Kumar 1:12:23 / 2nd Veteran/40+;

Women / National Open Race:
Desi Kitila 1:24:28; S.Divya 1:26:08; Gargi Sharma 1:26:53; Devangi Purkayastha 1:28:14; Saraswati Rai 1:28:22 / 1st Veteran/45+ ; Bharti ?? 1:31:01; Ingvild Erdal NOR 1:32:20; Seema ?? 1:32:26; Jai Bhagwan 1:33:10; Vrinda Bhandari 1:34:01;

National Pune World Marathon at Pune / 12.10.2025

Men:
Marathon:
Dhanayat P.Ramsing 2:23:46; Harshad Ramchandra Mhatre 2:28:04; Rakesh Kumar 2:33:45;
Half Marathon:
Chaitanya Rupnar 1:10:19; Daji Hubale 1:10:19 (same time for 1st & 2nd reported !);

Women:
Marathon:
Laxmi ?? 3:07:34; Jyoti Gawate 3:08:29; Shivani Charasia 3:13:45;
Half Marathon:
Vishakha Chandrakant Shinde 1:24:11; Rani Sadashiv Muchandi 1:25:08 (no others under 1:40);

National SBI Green Half Marathon at Bhopal / 12.10.2025

Men:
Mukesh Kumar 1:05:10; Gopal Bairwa 1:05:11; Yash Sharma 1:12:35;

Women:
Phoolan Pal 1:24:21; Bhagwati Dangi 1:24:45; Varsha Pal 1:31:56;

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KOREA

International Marathon at Gyeongju / 18.10.2025

following are the best performances from this International Marathon; however, information is restricted to the times for the following TOP 9 finishers in Men´s Race / results for the best National Korean finishers and overall from the Women´s Race are NOT available

Men:
Fearghal Curtin IRL **2:07:54/NR**; Antenayehu Dagnachew ETH 2:10:33; Raymond Kipchumba Choge KEN 2:11:07; Stanley Kiprotich Bett KEN 2:11:12; John Mburu Muiruri KEN 2:12:30; Alemayehu Mekonen Lema ETH 2:12:46; Anthony Kipchirchir Koech KEN 2:13:06; Edwin Kibet Koech KEN 2:15:16; Silas Muturi Gichovi KEN 2:16:12;

THAILAND

International Garmin Run Half Marathon at Bangkok /19.10.2025

Men:
Kindu Tiruneh ETH 1:08:11; Ebisa Takale ETH 1:08:37; Kzzysztof Hadas POL 1:08:58; Takera Girma ETH 1:10:23 (no others under 2:17);

Women:
Hajer Berhe ETH 1:19:29; Lodkeo Inthakoumman LAO 1:23:43; Piyanuch Sukchat THA 1:28:15; Thanaporn Phattanothai THA 1:30:01; Charinya Kanchanasevee THA 1:31:05; Wong Meiyan CHN 1:34:16;...10. Santy Phonepasith LAO 1:36:02;

National Mae Moh Half Marathon at Lampang /19.10.2025

Men:
Anucha Pada THA 1:13:02; Anuchit Pada THA 1:13:55 (twins !!);

Women:
Pareeya Sonsem THA 1:27:30; Lotte Bout NED 1:33:30;

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PHILIPPINES

International City of Smiles Marathon at Bacolod /11.10.2025

Men:
Marathon:
David Kipsang KEN 2:23:37; Edsel Moral PHI 2:26:58; Chege Mwangi KEN 2:28:37; Eric Kibiwott Chepsiror KEN 2:35:24;
Half Marathon:
Roger Aguirre PHI 1:15:19;

Women:
Marathon:
Jennylyn Nobleza PHI 3:11:08; Myrel Benignos PHI 3:14:31;
Half Marathon:
Mitche Benignos PHI 1:38:09;

ASICS META 10 km Road Race at Manila /19.10.2025

Men:
Kevin Kiplagat KEN 30:32; Richard Salano PHI 30:41; Sonny Wagdos PHI 31:22; Dickyias Mendioro PHI 31:25; Eduardo Suico Flores PHI 31:32; Mark Mahinay PHI 31:38;

Women:
Artjoy Torregosa PHI 36:23; Joida Gagnao PHI 37:01; Edna Magtubo PHI 37:02; Christine Hallasgo PHI 37:07; Jessa Mae Roda PHI 38:45; Nicole Diloy PHI 38:57;

TIMOR LESTE

International Run for Palestine Marathon at Dili / 11.10.2025

Men:
Marathon:
Sardyanus Sanam INA 2:36:50; Juanito Fernandes TLS 2:37:08; Difta Ibrula Unbanu INA 2:38:16;
Half Marathon:
Matheus Wuli INA 1:12:17; Marcelino Fallo INA 1:13:15; Shoki Ojiro JPN 1:16:32; Victorino M. Da Costa TLS 1:17:30;

Women:
Marathon:
Abila De Jesus TLS 3:43:33; Olivia Sadi INA 3:45:17;
Half Marathon:
Matilda Oriani Atok Bere INA 1:32:53; Lizia F.Coreia TLS 1:34:18; Donita Fatima Amaral TLS 1:36:18;

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VIETNAM

VP Bank Marathon at Dong Thap / 12.10.2025

Men:
Huynh Anh Khoi VIE 2:32:21; Vann Pheara CAM 2:38:46;

Women:
Le Thi Ha VIE 3:00:45; Nguyen Thi Ngoc Lan VIE 3:02:11; Nguyen Thi Thu Ha VIE 3:09:20; Tran Thi Kim Kieu VIE 3:14:26;

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INDONESIA

National Bayan Run Half Marathon at Balikpapan / 12.10.2025

Men:
Nofeldi Petingko 1:11:07; Syamsuddin Massa 1:13:42;

Women:
Nefriana Ariance Daik 1:25:59;

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JORDAN

Bromine International Marathon at Amman / 17.10.2025

the official results included two performances, which were faster than the official Jordanian National Records; however, course measurement for this race is not confirmed and esp. the time for the unknown Half Marathon winner seems to be exceptional doubtful to ratify these times as new National Records

Men:

Marathon:
Huthaifa Al-Akkawi JOR 2:24:32; Ahmad Muheisen JOR 2:29:45;
Half Marathon:
Abdelaziz Al-Sanal JOR 1:02:58 / would be NR ??; Ayman Hussein JOR 1:10:31; Thomas Lowery USA 1:10:57; Osama Shafithi JOR 1:12:41;
10 km Road Race:
Saad Atieh JOR 29:43; Sahrif Saris JOR 30:28; Saleh Ibrahim JOR 30:39; Hussein Khaleel JOR 31:26;

Women:
Marathon:
Hanoia Hasaballa JOR/SUD (??) 2:50:11 / would be NR; Naheda Al-Bawwat JOR 3:05:51;
Half Marathon:
Amal Sabah JOR 1:29:46; Samah Mousa JOR 1:37:33;
10 km Road Race:
Hebah Hammoud Ameen JOR 36:26;

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KAZAKHSTAN

Caspian International Marathon at Aktay / 12.10.2025

Men:
Marathon:
Daniyar Ormangali KAZ 2:26:11; Yerzhan Janarstanov KAZ 2:26:20; Sultan Aigarayev KAZ 2:26:52; Sergey Nazarov RUS 2:30:06; Aman Nurkeldiy KAZ 2:34:22;
Half Marathon:
Daryn Konysbayev KAZ 1:05:39; Yessenbol Zhanabek KAZ 1:06:39;

Women:
Marathon:
Gulnur Yelemessova KAZ 2:59:38; Elena Bir RUS 3:04:44;
Half Marathon:
Elena Tolstykh RUS 1:21:53; Anna Turanova KAZ 1:24:06; Zhanna Korotovskaya KAZ 1:32:07;

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SRI LANKA

LSR International Marathon at Colombo / 05.10.2025

following are more detailed results (in addition to the few details by Report No 19)

Men:
Marathon:
Elias Nyaga Muthoni KEN 2:25:35; Kumar Shanmugeswaran SRI 2:26:30; Udaya Chanaka Rupasinghe SRI 2:27:02; T.W.Rathnapala SRI 2:29:51; Amila Sanath Kumara SRI 2:33:20;
Half Marathon:
H.C.S.D.Gunasekara SRI 1:09:08; M.Sivarajan SRI 1:09:11; Wimal Dilkusha Kariyawasam SRI 1:10:19; Pradeep Kumara Malgammana SRI 1:10:37; ?? Karunarathne SRI 1:12:38;

Women:
Marathon:

Caroline Cherono KEN 2:58:09; Wathsala Madushani Herath SRI 3:03:20; Chamila Siliwardane SRI 3:12:33; Velu Krishanthani SRI 3:26:12;
Half Marathon:
B.W. Nayana Sewwandi SRI 1:19:39; Chamini Samudika Herath SRI 1:21:19; Mimesha Nidarshani SRI 1:30:12; Nirosha Samarakoon SRI 1:31:41;

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LEBANON

National Half Marathon Champs at Jounieh / 12.10.2025

Men:
Charbel Sejaan 1:10:24; Zaher Zein Eddine 1:12:44; Mohammad Kdouh 1:13:07;

Women:
Karine Shraim 1:25:14; Jenniger Tomazou 1:28:51; Loaa Zaarour 1:29:43; Nour Al Ghoussaini 1:30:05; Marie Murray 1:30:34; Jasmine El Achkar 1:32:38; Maissa Chirazi 1:35:06;

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UNITED ARAB EMIRATES

Emirates Villages Run Series at Fujirah / 11.10.2025

Men / 10 km Road Race:
Bernard Mungai KEN 30:38; Salim Al-Salman MAR 31:25; Ahmed Al-Hammadi UAE 31:44;

Women / 10 km Road Race:
Mueni Muthuku KEN 37:43; Yuko Iriguchi JPN 37:57;

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HONGKONG

HKAA 10 km Road Race Championships / 19.10.2025

Men:
Wong Wan Chun 32:10; Ho Chow 32:22; Cheung Yiu Leung 32:40;

Women:
Ying Chu Lo 35:51; Christy Yiu Kit Ching 36:31; Wong Cheuk Ning 37:26;

HKAA Cross Country Championships / 12.10.2025

Men / about 10 km:
Vincent Chan 36:13; Tse Chun Yin 37:40; Leung Tak Cheung 37:58;

Women / about 10 km:
Tsang Hiu Hung 43:38; Wong Yuk Ki 45:05; Hui Nga Chi 45:06;