Results from ASIA 2025 - 19

HONGKONG

2nd East Asian Athletics Junior/U20 Champs / 27. – 28.09.2025

(-courtesy of the HKAA - website -)

following are selected best performances from these Regional Junior Champs with participation of athletes from 7 Member Federations / 2 athletes per event were allowed to compete for each country (except Hongkong as host country with up to 3 competitors per event) / the programme was reduced to overall 30 events only

Junior Men:
100 m (27)/+0.2: Zeng Keli CHN/2006 10.28; Shimizu Sorato JPN/2009 10.30; Naoki Nishioka JPN/2006 10.33; Joel-Jin Nwamadi KOR/2006 10.36; He Ruyi CHN/2006 10.54; Kwok Chun Ting HKG/2007 10.55; Chan Yat Lok HKG/2007 10.56; James Chan Ting Fong HKG/2006 10.57;
heats (27) h1/+0.4: Zeng Keli CHN/2006 10.30; Nishioka JPN/2006 10.33; Kwok Chun Ting HKG/2007 10.52; Chan Yat Lok HKG/2007 10.52; h2/+1.4: Sorato JPN/2009 10.14; Nwamadi KOR/2006 10.26; He Ruyi CHN/2006 10.41; James Chan Ting Fong HKG/2006 10.47; Lin Chia-Le TPE/2008 10.63;
200 m (28)/+1.0: Kota Uematsu JPN/2006 **20.50 / Asian 2025 Junior Leader;** Ryotaro Hama JPN/2006 20.65; Wesley Leung Ching Hong HKG/2007 20.91 / NJR; Choi Seong-Won KOR/2007 21.07; Jasper Koo Cheuk Fung HKG/2008 21.08; Wang Pengbo CHN/21.2; Leong Lok Io MAC/2008 21.58;
heats (28) h1/+0.4: Uematsu JPN/2006 21.01; Choi Seong-Won KOR/2007 21.32; Koo Cheuk Fung HKG/2008 21.44; Leong Lok Io MAC/2008 21.58; h2/+1.4: Hama JPN/2006 21.02; Leung Ching Hong HKG/2007 21.15; Wang Pengbo CHN/2006 21.91;
400 m (27): Chen Zhisheng CHN/2006 45.94; Kentaro Shirahata JPN/2006 46.80; Kyo Kikuta JPN/2006 46.89; Jang Keun-Oh KOR/2007 48.35; Hsiung Chen-Yu TPE/2006 48.78;
heats (27) h1: Kikuta JPN/2006 47.08; Jang Keun-Oh KOR/2007 48.63; Cheng Yu-Hua TPE/2007 48.88; Sarantuya Batzorig MGL/2007 49.35 / NJR;
800 m (28): Yin Zihao CHN/2008 **1:48.08 / Asian 2025 Youth Leader**; Kairu Yamaga JPN/2006 1:48.15; Kim Hong-Yu KOR/2007 1:51.00; Wang Nok Wang HKG/2008 1:53.21; Li Yuxuan MAC/2007 1:57.27; Ma Yung Sang HKG/2007 1:57.62;
5000 m (28): Sei Yoshida JPN/2008 14:36.52; Oh Jun-Seo KOR/2006 15:47.05; Chung Tak Chak HKG/2007 15:49.18;
110 m H / 99 cm (27)/+3.4: Chen Yuanjiang CHN/2006 **12.95w** (= 0.01 seconds faster than his own Asian Junior Record. but wind-aided); Jeremy Koga JPN/2007 13.18w; Aoba Oguchi JPN/2006 13.42w; Wu Yu-Ting TPE/2007 13.50w; Chen Yi-Hsuan TPE/2007 13.55w; Lee Min-Hyeok KOR/2007 14.31w; Mak Tsz Ching HKG/2006 14.31w; Tam Chin Seng MAC/2006 14.35w;
heats (27) h1/+2.3: Oguchi JPN/2006 13.64w; Wu Yu-Ting TPE/2007 13.64w; Mak Tsz Ching HKG/2006 14.32w; Tam Chin Seng MAC/2006 14.50w; h2/-1.1: Koga JPN/2007 13.49; Chen Yuanjiang CHN/2006 13.50; Chen Yi-Hsuan TPE/2007 13.86; Lee Min-Hyeok KOR/2007 14.59; Leung Wai Kwan HKG/2008 14.76;
400 m H (28): Shunta Ieiri JPN/2007 50.52; Li Zixuan CHN/2006 50.80; Cyrus Chung Long Hei HKG/2007 52.65 / NJR; Lo Chin-Hsiang TPE/2009 53.44;
H J (28): Kim Jun-Ki KOR/2007 2.14; Wu Haohan CHN/2006 2.09; Jorace Ho Ho Wai HKG/2006 2.02; Lai Yi-Shuan TPE/2008 2.02; Yudai Sechi JPN/2007 2.02;
L J (27): Yukiya Onishi JPN/2006 7.84/+2.0; Li Chengliang CHN/2006 7.80/+1.4; Zhang Shengming CHN/2006 7.45/+0.4; Ko Jun-Hee KOR/2008 7.20/-0.3 (& 7.18/ 0.0); Tsang Yuk Pui HKG/2008 7.20w/+2.2 (& 6.81/-0.6);
T J (28): Wai Cheong Lok HKG/2008 15.23/+0.8 / NYR; Daisuke Goto JPN/2008 15.12/-0.5; Lin Hsuan-Yi TPE/2006 14.96/-0.7; Mui Lok Yin HKG/2006 14.84w/+2.1; Chang Kai TPE/2007 14.74/+0.2;

S P / 6 kg (28): Aizezi Zulikipeer CHN/2006 18.75; Wang Hsin TPE/2007 16.57; Chiang Po-Han TPE/2007 16.13;
D T / 1.75 kg (27): Aizezi Zulikipeer CHN/2006 55.57; Guo Yuehai CHN/2006 54.97; Park Ju-Han KOR/2006 53.81;
H T / 6 kg (27): Meng Lingqi CHN/2006 73.33; Andrew Atuobeng JPN/2007 69.02; Lee Do-Hyun KOR/2007 59.10;
J T (28): Wang Xiangyun CHN/2006 70.50; Lee Seo-Jun KOR/2006 64.99; Chiu Shao-En TPE/2007 64.97; Hung Yu-Kun TPE/2007 62.26; Walter Yip Tin Ching HKG/2008 57.97; Wong Yin Hin HKG/2007 57.40;
4x100 R (28): JPN (Sorato Shimizu, Naoki Nishioka, Kota Uematsu, Ryotaro Hama) **38.99 / Asian Junior Record & World 2025 Junior Leader**; CHN (Chen Zhisheng, Zeng Keli, He Ruyi, Wang Pengbo) 40.00; HKG (Chan Yat Lok, Jasper Koo Cheuk Fung, Wesley Leung Ching Hong, James Chan Ting Fong) 40.17; TPE (Wang Pin, Chen Yi-Hsuan, Hsiung Chen-Yu, Lin Chia-Le) 41.60; MAC (Tam Ching Seng, Huang Jingsong, Lou Chi Seng, Leong Lok Io) 41.67 / NJR;

Junior Women:
100 m (27)/+1.4: Sakura Maeta JPN/2007 11.79 (11.781); Riho Tanaka JPN/207 11.79 (11.787); Yu Pui Yi HKG/2007 11.96; Xu Hongjing CHN/2006 12.02; Hsiao Yu-Chieh TPE/2007 & Wong Wing Tung HKG/2009 12.18 (12.178 for both);
heats (27) h1/-0.7: Tanaka JPN/2007 12.00; Xu Hongjing CHN/2006 12.24; h2/+0.2: Maeta JPN/2007 11.98; Yu Pui Yi HKG/2007 12.17;
200 m (28)/-0.3: Akiha Kobari JPN/2006 24.07; Xia Yu CHN/2006 24.40; Li Tsz To HKG/2006 25.15; Kwon Ye-Eun KOR/2009 25.34;
400 m (27): Lei Yuxin CHN/2006 54.44; Saki Imamine JPN/2008 55.26; Chow Chi Kiu HKG/2007 56.49; Season Choi HKG/2006 57.51; Jane Karlsson Ming Suet HKG/2007 57.60;
800 m (28): Senri Mori JPN/2006 2:06.54; Hitami Imaeda JPN/2009 2:09.57; Kim Jeon.Ka KOR/2009 2:17.23;
5000 m (27): Mei Hosomi JPN/2007 16:24.55; Airi Mashiba JPN/2007 16:44.83; Kwong Tsz Yu HKG/2006 18:59.29;
100 m H (27)/-0.9: Nana Ishihara JPN/2008 13.71; Nagisa Inoue JPN/2007 13.87; Wei Liwei CHN/2007 14.25; Wu Yu-Ning TPE/2006 14.53; Yang Chih-Yun TPE/2007 14.77; Patricia Yeung Celeso HKG/2006 15.05;
400 m H (28): Shion Fukuoka JPN/2007 57.57; Rachel Gardner JPN/2007 58.16; Liu Yi-Chen TPE/2009 63.85;
H J (27): Lin Pei-Hsuan TPE/2007 1.71; Ko Eun-Jeong KOR/2006 1.68; Woo Sum Yau HKG/2008 1.64;
L J (28): Ion Kondo JPN/2006 6.21/+0.9; Yuhi Narisawa JPN/2007 6.07/+1.2; Wu Jialing CHN/2006 5.84/+0.2; Jia Wai Yin HKG/2006 5.79w/+3.1 (& 5.66/+1.1); Hsu An-Tung TPE/2008 5.71/+0.4; Lie Hui Yee HKG/2007 5.66/-0.2;
T J (27): Zhou Hui CHN/2006 13.59/+1.8; Lee Seung-Ah KOR/2009 12.41w/+2.5 (& 11.88/-1.5); Sylvia Chow HKG/2006 12.13/-0.9; Lin Yu-Chun TPE/2007 12.09/+0.6;
S P (27): Tian Xinyi CHN/2006 15.69; Chiharu Saka JPN/2006 15.25 (3rd = 10.23 m !!);
D T (27): Su Yixin CHN/2007 51.28; Lee Hye-Min KOR/2006 50.53; Lo Wing Lam HKG/2008 36.86;
J T (27): Tai Yu-Chin TPE/2007 51.15; Wang Baoli CHN/2006 50.17; Sarah Kwong Sze Oi HKG/2007 46.84; Kim Min-Ji KOR/2007 46.72; Cyrene Hui HKG/2007 46.51; Kwan Yan Yi HKG/2008 46.42;
4x100 R (28): JPN (Sakura Maeta, Riho Tanaka, Akiha Kobari, Nana Ishihara) 45.83; CHN (Wei Liwei, Qian Yunxuan, Xia Yu, Xu Hongjing) 46.57; HKG (Yu Pui Yi, Janice Cheung Yiu Gi, Li Tsz To, Wong Wing Tung) 47.28; TPE (Yang Chin-Yun, Huang Yu-Ting, Wu Yu-Ning, Hsiao Yu-Chieh) 47.83;

Mixed Relays:
4x400 R (27): CHN (Chen Zhisheng, Wei Liwei, Li Zixuan, Lee Yuxin) 3:30.58; HKG (Chan Hoi Tim, Season Choi, Isaac Liem Ho Yat, Chow Chi Kiu) 3:35.84; TPE (Chen Yu-Hua, Liu Yu-Chen, Hsiung Chen-Yu, Liu Yan-Jin) 3:36.46; MAC (Huang Jingsong, Ng Ka Fu, Wong Cheng Sam, Lok Ka Io) **3:45.17/NR** & NJR;

Medal Tally:

JPN 13 + 15 + 3 = 31
CHN 13 + 8 + 3 = 24
TPE 2 + 1 + 5 = 8
KOR 1 + 5 + 4 = 10
HKG 1 + 1 + 15 = 17
MAC & MGL = 0

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LEBANON

3rd West Asian Junior/U20 Champs at Beyrouth / 02. – 05.10.2025

(-courtesy of the Lebanese Athletics Federation - website -)

following are selected best performances from these Regional Junior Champs with participation of athletes from 9 Member Federations; for some events with rather low standards (esp.due to the absence of 4 of the strongest teams, BRN, IRI, KSA and OMA) at least the results for the Gold medallists are published below / most probably all athletes born 2006 or later, although Year-of-birth-info is NOT included to the official results & shown as below only for those athletes, where this info is available to me from earlier competitions

Junior Men:
100 m (2)/+0.2: Nour Al Sadrin Ahmed Al-Badiri IRQ 10.81; Abdul Hussein Waseq IRQ 11.00; Kevin Artoun LBN/2006 11.07; Said Fakher Al-Khalaf KUW 11.08;
200 m (5)/+1.5: Suleiman Abdulrahman UAE/2007 21.10 (& 22.04/+1.5 as 1h2); Ali Abdel Khadous UAE 21.33; Ahmat Saleh Haroun QAT/2008 21.56; Nour Al Sadrin Ahmed Al-Badiri IRQ 21.72; Mohamed Moussa Abdallah QAT/2007 22.06;
400 m (4): Suleiman Abdulrahman UAE/2007 46.09; Khaled Ngare Mahamat QAT/2007 46.84; Youssef Abdelaziz Djibrine/2007 QAT 47.34; Ahmed Ali Abdel Khadous UAE 47.45 (& 47.48 as 1h2); Abdel Rahman Hamed IRQ/2007 48.08;
800 m (3): Hatim Ait Oulghazi QAT/2006 1:51.16; Saad Al-Rashidi KUW/2006 1:55.87;
1500 m (5): Hatim Ait Oulghazi QAT/2006 3:58.67; Mubarik Abdi Said QAT/2008 3:59.04;
3000 m (2): Mubarik Abdi Said QAT/2008 8:32.00; Mostafa Mohsen Hizam IRQ/2006 8:34.59; Abdullah Abdul Al-Haswali YEM/07 8:36.95; Mahmoud Abdou Zeid LBN/2008 8:38.05;
5000 m (3): Abdullah Abdul Al-Haswali YEM/2007 14:54.49; Yahya Ibrahim Abdullah IRQ/2006 14:56.87; Zain El Abdeen Mokhlis IRQ 15:42.89;
3000 m St (4): Mahmoud Abou Zeid LBN/2008 **8:59.02 / Asian 2025 Youth Leader** & 2nd LBN All-Time & NJR & NYR; Mostafa Mohsen Hizam IRQ/2006 9:00.93 / NJR; Yahya Ibrahim Abdullah IRQ/2006 9:25.00; Abdelaziz Ali Adeeb Al-Ghanam JOR/2008 9:56.25;
110 m H / 99 cm (3)/ 0.0: Mishari Mohamed Al-Mutairi KUW/2008 14.12; Jassim Mohamed Al-Qanaei KUW/2006 14.14; Abubakar Idriss QAT/2009 14.17; Ridha Yahya IRQ 14.37; Mahamat Hissein QAT/2008 14.39; Mohamed Qasim Abbas IRQ 14.56;
400 m H (2): Abdelrahman Mahamat Kogne QAT/2006 52.54; Idriss Djibrine Abdulrazziq QAT/2008 55.10; Baseel Salme Thaeer PLE/2006 56.45 / NJR;
H J (3): Mohammad Al-Duaij KUW/2008 2.07; Elias Saleh Mohammad JOR 1.99; Nefar Ali Hassan Zenkena IRQ/2007 1.99;
P V (4): Zakaria Abdullah Ibrahim QAT/2007 & Younes Eid Al-Baloushi QAT/2008 4.40; Mohammad Fadhel Abbas IRQ 4,20; Abdullah Youssef KUW/2008 4.10;
L J (2): Abdullah Al-Azemi KUW/2006 7.22/-0.4;
T J (5): Abdullah Al-Azemi KUW/2006 14.30/-0.7;
S P / 6 kg (2): Hassan Alaa Hussein IRQ 17.90; Mohammad Adoum Saleh QAT/2008 16.70; Abdelrahman Hussein Al-Qahtani KUW/2007 16.56;

D T / 1.75 kg (5): Mohammad Adoum Saleh QAT/2008 52.77; Mahamat Abderrahman Gueme QAT/2006 51.48; Abdelrahman Al-Rashidi KUW/2009 45.74;
H T / 6 kg (4): Abdelrahman Ibrahim QAT/2007 68.92; Sulaiman Majed Al-Shamroukh KUW 55.51; Abdelwahid Alaa El Din Abed IRQ/2006 54.85; Abdullah Hassan Al-Awadhi KUW/2006 52.28;
J T (3): Abdullah Sami Abdel Qader IRQ/2007 57.76; Atheer Al-Balkhi SYR 50.67;
Decathlon (4/5): Ahmad Firas Radi IRQ 5333;
4x100 R (4): KUW (S.F.Al-Khalaf, M.M.Al-Mutairi, M.J.Al-Qanaei, A.Al-Azemi) 41.70 / NJR; IRQ 42.54; LBN 43.72;
4x400 R (5): QAT (K.N.Mahamat, A.Haroon, S.M.Hassan, Y.A.Djibrine) 3:09.37 / NJR; UAE 3:15.56 / NJR; IRQ 3:21.95; KUW 3:22.97; LBN 3:31.29; SYR 3:42.43; JOR 4:00.49;

Junior Women:
100 m (2)/+0.2: Dana Noor Salem QAT/2009 11.73 / NJR & NYR; Aroua Ashour Ali UAE 12.08; Laila S. Ahmed UAE 12.19;
200 m (5)/+2.5: Aminat Kamarudeen UAE/2007 23.78w; Dana Noor Salem QAT/2009 24.09w; Aroua Ashour Ali UAE 25.07w;
400 m (4): Aminat Kamarudeen UAE/2007 53.89; Aisha Tariq Mohamed UAE 54.50;
800 m (3): Naya Abbas SYR 2:28.72;
1500 m (5): Nargis Hussein Abboud IRQ 4:54.74;
3000 m (2): Maryam Al Salik QAT **11:14.62 / NR** & NJR;
5000 m (3): Sara Deeb SYR 23:42.62;
3000 m St (4): Nargis Hussein Abboud IRQ **11:52.56/NR** & NJR; Sama Mostapha LBN/2008 11:52.79 / NJR & NYR; Ninar Hussein LBN 14:11.20; Sara Deeb SYR 14:29.98;
100 m H (3)/ 0.0: Mariam Kareem UAE/2008 **14.04/NR** & NJR & NYR; Rayan Hassan SYR/2008 14.66;
400 m H (2): Mariam Kareem UAE/2008 63.62; Zeinab Youssef SYR/2008 65.60;
H J (5): Yasmeen Khaled Roy KUW/2009 **1.72/NR** & NJR & NYR;
P V (2): Alyaziah Areej Abdullah UAE 2.60;
L J (3): Nisrine Mouawad LBN/2009 5.00/-1.0;
T J (4): Nisrine Mouawad LBN/2009 10.75/ 0.0;
S P (5): Mays Obeid LBN/2008 11.06;
D T (5): Salma Haitham Rashid Al-Marri UAE/2008 38.61; Bayan Darbas SYR 36.23; Khalaf Ibrahim El Hoda IRQ/2006 35.75;
H T (4): Salma Haitham Rashid Al-Marri UAE/08 48.95 / missed her NR by 7 cm only; Batoul Al-Dbes SYR 38.96;
J T (3): Zoulal Bezjian LBN/2008 34.86 / NYR; Alyaziah Areej Abdullah **32.09/NR** & NJR;
Heptathlon (2/3): Leah Hanna LBN/2006 2748;
5000 m Walk (3): Julia Amoun SYR 27:12.06;
4x100 R (4): LBN 52.30; UAE 54.61; SYR disq. (only 3 teams);
4x400 R (5)**/no times reported:** 1. UAE; 2. SYR; 3. JOR; 4. LBN;

Mixed Relays:
4x400 R (3)/new event for Juniors (earlier NJR´s not known) / names of runners not reported:
UAE (M.Kareem, A.Kamarudeen, S.Shoaib Omar, A.A.Abdel Khadous) **3:26.62 / Asian 2025 Junior Leader** & NJR; QAT (D.N.Salem, M.Al Salik, S.H.Ahmad, S.M.Hassan) 3:37.73 / NJR; LBN 3:46.12 / NJR; IRQ 3:49.14 / NJR; JOR 4:06.29 / NJR; SYR **4:07.75 / NR** & NJR;

Medal Tally:

QAT	11 + 8 + 4 = 23	UAE	11 + 6 + 2 = 19
LBN	7 + 4 + 8 = 19	IRQ	6 + 7 + 10 = 23
KUW	6 + 5 + 5 = 16	SYR	3 + 9 + 5 = 17
YEM	1 + 0 + 1 = 2	JOR	0 + 3 + 6 = 9
PLE	0 + 0 + 1 = 1		

HONGKONG
HKAAA Open Athletics Meet / 01. & 04.10.2025

following are the best performances from this Open competition with events held over two days (1st & 4th Oct) / all HKG athletes except few guests from INA, JPN, MAC, SGP and TPE as noted / Year-of-birth shown below for some of the Junior/Youth athletes, but unknown (not available) for several other young competitors

Men:
60 m (4)/+4.2: Diu Chun Hei 6.68w (6.671); Chan Yat Lok/2007 6.68w (6.676); Lai Long Ting 6.68w (6.679); Antony Ma King Yeung 6.70w; Liu Hiu Long 6.76w (6.753); Marcus Cheung/2009 6.76w (6.759); Wong Pak Hang 6.82w (6.814); Shak Kam Ching 6.82w (6.819);
heats (4) h9/+2.3: Ma King Yeung 6.71w; Diu Chun Hei 6.75w; Shak Kam Ching 6.76w; Chan Yat Lok/2007 6.78w; Liu Hiu Long 6.81w; Marcus Cheung/2009 6.83w; Yau Lok Hei 6.95w; Tam Hin Ming 7.02w;
h8/+0.5: Lai Long Ting 6.73; Wong Pak Hang 6.92; Lau Kwok Hay 7.04; Keith Lee King Him 7.09;
h7/+0.4: Chui Lok Hei 7.00; Chau Long Yat 7.02; Woo Ho Ching 7.08; h6/+4.2: Cheung Yin Bun 6.98w;
h5: Tsang Pui Tin 7.10;
100 m (1)/-0.7: Tate Tan Fung SGP 10.50; Chan Yat Lok/2007 10.58; Chung Tsz Sing 10.61; Daryl Tan Hong An SGP 10.69; Lai Long Ting 10.70; Antony Ma King Yeung 10.72; Jamie Kwok/2007 10.73; Cheung Man Tik 10.76;
heats (1) h28/+1.5: Chan Yat Lok/2007 10.63; Chung Tsz Sing 10.63; Diu Chun Hei 10.64; Shak Kam Ching 10.64; Ng Ka Fung 10.66; h27/+1.2: Ma King Yeung 10.48; Tan Fung SGP 10.50; Jamie Kwok/2007 10.61; Tan Hong An SGP 10.63; Cheng Cheung Hung 10.67; Cheung Chun Yin 10.79;
h26/+1.7: Leung San Lok 10.71; Wesley Leung Ching Hang/2007 10.79; Cheung Ho Hin 10.79;
h25/+1.7: Cheung Man Tik 10.62; Tai Kin Kwok 10.81; h24/+0.7: Lai Long Ting 10.51; h23/+1.2: Keith Le King Him 10.84; h16/+1.4: Chau Long Yat 10.76;
200 m (4)/-0.2: Chan Chun Ho 21.57; Praharsh Ryan SGP 21.84; Jamie Kwok/2007 22.01;
heats (4) h13/+0.9: Chan Chun Ho 21.35; Chung Tsz Sing 21.76; Wesley Leung Ching Hang/2007 21.91;
h12/+2.1: Praharsh Ryan SGP 21.55w; Jamie Kwok/2007 21.69w; Cheng Cheung Hung 21.90w;
h11/+3.7: Ng Ka Fung 21.82w; h10/+1.2: Tai Kin Kwok 22.02; h1/+0.4: Anugrah Pujo Setiawan INA/2008 22.02;
400 m (1): Chan Chun Ho **47.12/NR;**
800 m (4): Khan Mohamed Kamran 1:52.05; Thana Rajan Thiruben SGP 1:52.18; Wang Nok Wang/2008 1:52.36 / 4th HKG All-Time & NJR & NYR; Jayden Tan Jie Cong SGP/2006 1:54.38; Jason Yeung Chin Ho 1:55.98;
1500 m (1): Khan Mohamed Kamran 3:58.17; Wang Nok Wang/2008 3:59.17;
5000 m (4): Chang See Yeung 15:19.94;
110 m H (1)/-0.5: Cheung Wang Fung 13.84; Liu Hiu Long 14.09; Ang Chen Xiang SGP 14.17; Cheung Siu Hang 14.26; Lee Ka Yiu 14.55; Hui Chun Kit 15.10;
heats (1) h1/+1.6: Hui Chun Kit 14.95; h2/+0.9: Cheung Wang Fung 13.86; Liu Hiu Long 13.89; Ang Chen Xiang SGP 14.11; Cheung Siu Hang 14.36; Lee Ka Yiu 14.46;
400 m H (4): Koki Fujiwara JPN 5.13 (& 54.80 as 1h3); (2nd = 57.51 only !!);
H J (1): Ho Ho Wai/2006 2.06; Lai Pak Hei/2007 2.04; Cheung Ming Hung 2.02; Ng Chi Kit 2.02;
P V (4): Cheung Pui Yin 4.80; Tsang Sze Kwan 4.10;
L J (4): Wong Pak Hang 7.26/+0.2; Tsang Yuk Pui/2007 7.16/+0.6; Kazunari Ichinohe JPN 7.13w/+5.6 (& 7.10/+1.1); Chan Chun Hei 7.10/+0.6; Law Ngai Him 7.04/ 0.0;
T J (1): Wong Chun Wing 15.21/+1.5; Hui Wan Kit 14.67/+0.8;
S P (1): Sit Wai Lok 14.40;
D T (1): Lee Tzu Yun TPE 52.93; Siu Kai Wing 46.45; Lai Chi Yam 44.72;
H T (4): Tse Tat Man 47.61;

J T (4): Ricky Hui Wai Hei 66.39; Lam Tsz Ching 62.25; Walter Yip Ting Ching/2008 58.17; Ma Weng Chon MAC 58.17;
5000 m Walk (4): Chin Man Kit 23:36.15;
10000 m Walk (4): Chin Man Kit 49:08.22; Tsang Chung Yin 51:11.22; Sean Wang 52:04.09 / NJR & NYR; Tse Chun Hung 52:11.31;

Women:
60 m (4)/-1.8: Wong Wing Tung/2009 7.88; See Wing Kwan 7.93; Hilary So Sin Hau 7.96; Ng Cheuk Wing 8.11; Cheung Hoi Ching 8.14; Kelly Koo Wai Kiu 8.15; Lee Wing Yiu 8.17;
h2/+2.4: Wong Wing Tung/2009 7.70w; See Wing Kwan 7.73w; So Sin Hau 7.83w; Cheung Hoi Ching 7.93w; Koo Wai Kiu 7.97w; Lee Wing Yiu 7.98w; Wong Yan Pui 8.04w; h1/+1.0: Ng Cheuk Wing 8.05; Grace Hui Ching 8.07;
100 m (1)/+0.8: Kong Chun Ki 11.93; Yu Pui Yi/2007 11.97; Leung Kwan Yi 12.10; Wong Wan Chi/2007 12.19;
heats (1) h8/+1.1: Wong Wan Chi/2007 12.23; h9/+1.2: Yu Pui Yi/2007 11.94; Kong Chun Ki 11.95; Leung Kwan Yi 12.13;
200 m (4)/+3.9: Jane Karlsson Ming Suet/2007 24.91w; Serena Tang Cheuk Man 25.11w; Leung Kwan Yi 25.13w;
400 m (1): Jane Karlsson Ming Suet/2007 57.48; Season Choi/2006 57.94;
heats (1)/hand-timed h4: Claudia Chow Chi Kiu/2007 56.7; Ashleigh Ma Ying Wen 57.1; Tang Pui Kwan 57.9;
1500 m (1): Lo Ying Chiu 4:40.10; Tsang Hiu Tung 4:43.80;
5000 m (1): Vut Tsz Ying 18:24.41;
3000 m St (1): Christy Yiu Kit Ching 11:21.84; Tsang Hiu Tung 11:23.70; Hillary Wong 11:59.41; Kwang Wing Kei 13:21.67; Fung Ka Lee 13:34.08;
100 m H (1)/-0.4: Lau Tsz Yan 13.99 / 7th HKG All-Time; Shing Cho Yan 14.18; Ivy Liu Hoi Yan 14.28; Kate Lo Wing Yee 14.90; Maulida Ditasari INA/2008 15.01; Patricia Yeung Celoso 15.02;
heats (1) h1/+1.4: Yeung Celoso 15.03; h2/+0.8: Shing Cho Yan 14.13; Liu Hoi Yan 14.22; Lau Tsz Yan 14.25; Lo Wing Yee 15.07; Ditasari INA/2008 15.25;
H J (1): Chung Wai Yan 1.73; Wong Yuen Nam 1.70; Priscilla Cheung Ching Laam 1.65; Cheung Tsz Ting 1.65;
P V (4): Charlotte Lam 3.05;
L J (4): Wong Wing Tung/2009 5.76/+0.8; Lau Hoi Ying/2009 5.74/+1.7; Lie Hiu Yee/2007 5.61/+0.7;
T J (1): Shannon Vera Chan 12.15/+1.7; Sylvia Chow/2006 11.90/+1.2;
S P (1): Chang Yi-Hsin TPE 13.60;
H T (4): Tam Hiu Ki 46.65; Lo Wing Lam 40.91;
J T (4): Sarah Kwong Sze Oi /2007 43.76; Chiu Wai Yan 41.09; Gianne Mak Tsu Yan 40.98;
10000 m Walk (4): Ng Sau Man 59:24.77;

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INDIA

(-courtesy of Mr Ram. Muralikrishnan -)

64th National Open Athletics Champs at Ranchi / 27. – 30.09.2025

following are detailed results from this major National competition with rather good depth of strong performances in several events incl. some excellent TOP-results / qualification events were held in several Field events for Men one day before the finals and are shown in bracketts (in addition to the final results) / accurate names are not reported for several athletes (shown with an ??)

Men:

100 m (28)/-0.6: Manikanta Hoblidhar 10.19 / missed NR by 0.01 seconds = 2nd IND All-Time; Gurav Pranav 10.31; Harsh Santosh Raut 10.38; S.Tamilarasu 10.41; Amlan Borgohain 10.43; G.Ragul Kumar 10.46; Yernena Balavardhan Rao 10.54; Lalu Prasad Bhoi 10.57;

semis (27) s1/+1.3: Hoblidhar 10.23; Tamilarasu 10.28; Ragul Kumar 10.33; Saurabh Naitam 10.59; Paras ?? 10.62; Sarun Payasingh 10.67; Nuzrat ?? 10.68; s2/+0.6: Rao 10.44; Bhoi 10.49; Dondapati Mruty Jayaraj 10.70; Nikhil Patil 10.82; Aryan ?? 10.82; s3/+0.4: Pranav 10.39; Borgohain 10.41; Raut 10.43; Amiya Kumar Mallick 10.60; Dheeraj K.Sreedar 10.81; Maneesh Kumar 10.81;

heats (27) h1/+0.9: Sadanand Kumar 10.68; Naitam 10.75; Jayaraj 10.82; Lovepreet Singh 10.82; h2/+0.1: Raut 10.42; Borgohain 10.44; Aryan 10.69; Paras 10.71; Nuzrat 10.80; h3/+1.2: Tamilarasu 10.59; Rao 10.62; Mallick 10.75; Patil 10.82; h4/+0.3: Bhoi 10.55; Pranav 10.57; Maneesh Kumar 10.74; h5/ 0.0: Hoblidhar 10.61; Ragul Kumar 10.69;

200 m (30)/+1.7: Sandeep Singh 20.95; Abhin Devadiga 21.20; V.Mannur Prasannakumar 21.28; Shubham Sushil 21.42; Harjit Singh 21.44; Dondapati Mruty Jayaraj 21.47; P.K.Jishnu Prasad 21.55;

semis (29) s1/+0.4: Devadiga 21.06; Prasannakumar 21.15; Harjit 21.29; A.Vetrivelan 21.59; Raja Babu 21.62; Harpreet Gill 21.73; s2/+0.5: Amlan Borgohain 21.05 (dns in final); Sandeep 21.06; Shubham 21.12; Jishnu Prasad 21.35; Jayaraj 21.41; Gurmeet Singh 21.63; Arshnan Ali 21.71;

heats (29) h1/+1.5: Mukul Anant Bhoir 21.34; Harjit 21.54; h2/+1.7: Shubham 21.23; Sandeep 21.30; Devadiga 21.43; Jayaraj 21.52; Gurmeet 21.86; h3/+0.4: Borgohain 21.56; Jishnu Prasad 21.70; Babu 21.98; h4/-0.1: Prasannakumar 21.53; Vetrivelan 21.63; Ali 21.75; Harpreet Gill 21.84;

400 m (28): Rajesh Ramesh 45.75; T.Santhosh Kumar 46.05; Rashid ?? 46.23; Tom Noah Nirmal 46.67; Joel W.Nihal 47.13; Tarandeep Singh 47.22; Arul Rajalingam 48.35;

heats (27) h1: Nirmal 47.73; Tarandeep 47.90; H.Rihan 47.98M Prakhar Sharma 48.09; G.Mitresh 48.41; h2: Santhosh Kumar 47.35; Theertheesh Shetty 47.63 (disq.in final); Ankul ?? 47.99; Ashish Phogat 48.29; h3: Ramesh 47.08; Rashid 47.17; Nihal 47.64; Rajalingam 47.70; A.Suraj 47.83; Raman Dagar 48.31; Nitin Kumar 48.54;

800 m (30): Prakash Balu Gadade 1:50.01; Satyajeet Pujari 1:50.34; Basant Chauhan 1:50.48; Salman Farookh 1:50.63; Harsh ?? 1:51.37; J.Rijoy 1:51.41; Shyam Milan Bind 1:51.82;

heats (29) h1: Mohammed Afsal 1:49.27 (dns in final); Pujari 1:49.53; Anu Kumar 1:50.33; Aman Kumar 1:50.42; Sukhjinder Singh 1:50.90; Tushar Bhekane 1:51.10; Ajay Viswanath 1:52.35; Shahrukh ?? 1:52.36; Ajeet ?? 1:52.94; h2: Gadade 1:48.25; Chauhan 1:48.39; Farookh 1:48.90; Milan Bind 1:49.90; Nilkantha Ray 1:50.28; Nakul Godse 1:50.49; Ashish Kharb/2006 1:50.94; Naresh Gurjar 1:51.00; h3: Rijoy 1:51.13; Harsh 1:51.22; Kamalakannan Sundaraj 1:51.23; Premnath Subramaniam/2006 1:51.58; Ashu ?? 1:51.71; K.A.Akhil 1:51.83; Tushar Suryawanshi 1:52.88; Nitin Sharma 1:54.11; Debraj Mallick 1:54.52;

1500 m (28): Sunil Dawar 3:46.27; Arjun Waskale 3:46.70; Ritesh Ohre 3:47.39; M.P.Nabeel Sahi 3:47.81; Amit Kumar 3:47.93; Ankit Malik 3:49.44; Rahul Baloda 3:51.57; Jagdish ?? 3:54.00; Mogali Venkatram/2007 3:54.36; Pushpendra Singh Rathore 3:55.26;

heats (27) h1: Dawar 3:47.26; Amit Kumar 3:47.48; Jagdish 3:47.57; Sahi 3:47.64; Waskale 3:47.99; Venkatram/2007 3:48.32; Mohan ?? 3:49.57; Shivam Sharma 3:49.88; Akash Bhati 3:50.28; h2: Malik 3:52.32; Ohre 3:52.33; Baloda 3:52.76; Singh Rathore 3:53.33; Vijay Gurjar 3:53.36; Harshdeep Singh 3:53.78; Manpreet Sandhu 3:54.12; Davanidhi Munda 3:54.52;

5000 m (27): Prince Kumar 14:06.57; Sunil Dawar 14:14.88; Abhishek Pal 14:19.16; Ankit ?? 14:19.46; Rampal Singh 14:22.82; Rohit Kumar 14:26.64; Shadab Pathan 14:26.80; Bittu ?? 14:27.61; Lokesh Chaudhary 14:35.05; Onkar Panhalkar 14:35.75; Prashant Choudhary 14:38.20; Deepak Kumar Thakur 14:47.09; Kiran Matre 14:55.59;

10000 m (30): Prince Kumar 30:25.15; Abhishek Pal 30:27.83; Sawan Barwal 30:29.33; Dharmender ?? 30:35.62; Aavkash ?? 30:36.53; Vinay ?? 30:36.70; Pankaj Kumar 30:39.39; Mukesh Kumar 30:39.82; Sunil ?? 30:41.86; Shadab Pathan 30:49.66;

3000 m St (30): Vikram Singh 8:38.91; Rohit Verma 8:39.69; Rajkumar ?? 8:44.66; Sunil Jinabhai Joliya 8:51.87; Ritesh Kumar 8:52.04; Sohel Beg 8:54.98; Shubham Bhandare 8:57.16; Hemant ?? 9:01.18; Anupam ?? 9:02.30; Jujhar Singh 9:08.20; Hritik Balyan 9:10.15; Atul Poonia 9:14.73; Benjamin Babu 9:17.54; Dharmender ?? 9:20.46; Vikas Kumar 9:23.03; Prince ?? 9:23.21;

110 m H (28)/+0.5: Manav Rajanarayanan 13.97; M.Krishik 14.02; Dhanush Adithan 14.39; C.B.Shintomon 14.40; M.Rithik Rahul 14.61;
heats (28) h1/+0.4: Rathish Pandidurai 14.15; Adithan 14.53; Tarundeep Singh Bhatia 14.66; Harmanjeet Singh 14.71; h2/-0.3: Muhammed Lazan 14.08; Krishik 14.20; G.Nishanthraja 14.26; Shintomon 14.28; A.Graceson Jeeva 14.50; h3/+0.3: Manav 14.25; Rithik Rahul 14.73; Shivdarshan ?? 15.12; Lokendra Pachera 15.13;
400 m H (30): Ruchit Mori 50.47; Karna Bag 51.20; Rakshith Naik Ravindhra 51.29; Hardeep Kumar 51.36; K.Sathish 51.67; Aryan Prajwal Kashya 51.68; Shakti Singh 51.94;
heats (29) h1: Mori 51.82; Shakti Singh 52.09; Naik 52.70; Arumugam Karthik Raja 52.80; Nikunj Zala 53.19; Aftab Alam 53.31; h2: Hardeep 51.97; Bag 52.25; Aryan Prajwal Kashya 52.35; h3: Satish 51.99; M.Manoop 52.21; Subhas Das 52.81; S.Jagathish 53.02; Nikhil Bhardwaj 53.38;
H J (29): Rohit ?? 2.18; Aadarsh Ram 2.18; Swadhin Kumar Majhi & T.Aromal 2.14; Sudeep ?? 2.10; Basant ??/2007 2.10; Md Asraf Ali 2.05; Abhay Gurav 2.05; Dhairyshil Gayakwad 2.05;
P V (27): M.Gowtham 5.10; Rambeer Singh Saini 5.10; Dev Meena & Siva Subramaniam 5.10; Kuldeep Kumar 5.00; Kamal Loganathan 5.00; K.G.Jessan 4.90; U.Gokul Nath 4.90; G.Reegan 4.90; A.Gnana Sone 4.80; P.Subash Chandran 4.80; Ramratan ?? & Anshu Patel & Narendra Singh 4.80; Rohit Patil 4.70;
L J (29)/qualification (28): Mohd Atta Sazid/2006 7.78/-0.6 (7.45/+1.1); Sarun Payasingh 7.77/-0.4 (7.42/ 0.0); Bhupender Singh 7.58/-0.4 (7.25/-1.5); Sekar Saran 7.52/ 0.0 (7.26/+0.3); S.Arya 7.50/+0.5 (7.10/-1.5); R.Swaminathan 7.42/-0.1 (7.17/+1.4); Vinoth Yuvaraj 7.39/ 0.0 (7.32/-0.1); Aryan Choudhary 7.27/-0.4 (7.30/-1.3); Lakhveer Singh 7.08/ 0.0 (7.31/-0.3); Mohammed Muhassin 7.08/-1.6 (7.53/+0.4); Ezhilarasan Aravinth NM / 3 fouls (7.35/+0.3); Digvijay Singh NM / 3 fouls (7.30/+1.5)
T J (30): V.Dhinesh 16.27/+0.3; V.S.Sebastian 16.25/+1.7; Karthik Unnikrishnan 16.07/+0.6; Vishal Bahadur 16.02/+1.9; Gailey Venister 15.92/-0.4; Thamizhchelvan Vimal Mugesh 15.85/+0.2; Pradeep Kumar 15.40/+1.3; Jay Shah Pradeep 15.34/-0.8;
S P (29) / qualification (28): Samardeep Sigh Gill 19.79 (19.13); Tajinderpal Singh Toor 19.32 (17.84); Ravi Kumar 18.23 (17.61); Karanveer Singh 18.14 (17.64); Aniket ?? 18.05 (17.02); Prabhkirpal Singh 17.98 (17.41); Aryan Tyagi 17.96 (16.88); Shivam Choudhary 17.40 (16.64); Akash Grehwal 16.54 (16.56); Arjun ?? 16.54 (16.62); Sana Chaudhary 16.47 (17.00); Adhish Ghildiyal 15.68 (17.59); best non-qualifiers: Sahib Singh 16.52; Ashu Dalal 16.13;
D T (28) / qualification (27): Kirpal Singh Batth 56.33 (53.74); Nirbhay Singh 54.95 (51.70); Dharamraj Yadav 54.89 (52.65); Nagendra Naik 54.86 (51.94); Pradeep Kumar 53.35 (50.62); Mohammed Saolain 53.13 (52.29); Arjun Kumar 52.98 (51.61); Bhanu Sharma 51.84 (50.58); Prateek Maan 51.04 (50.63); Alex Thankachan 49.77 (52.60); Harendra Singh 49.52 (51.24); Oinam Singh 48.26 (51.87); best non-qualifiers: Deepak Yadav 50.45; Varun Singh 50.34; P.Surya Prakash 50.00; Ikram Khan 49.79; Abhimanyu ?? 49.14;
H T (29) / qualification (28): Damneet Singh 68.71 (66.75); Ashish Jakhar 66.37 (62.43); Mohammad Shahban 65.59 (60.31); Praveen Kumar 64.52 (65.70); Taranveer Singh 64.38 (60.34); Gurdev Singh 62.12 (60.51); Vishal Choudhary 60.53 (60.23); Jai Chand 59.45 (59.98); Devang ?? 59.21 (59.03); Mukul ?? 57.19 (61.00); Chirag Yadav 56.63 (59.76); best non-qualifiers: Jatin Choudhary 58.83; Sachin ??/(2003) 58.37; Sachin Yadav/(2001) 56.90; Nitin Malik 56.89; C.Muttappa 56.35; Mohd Aman 55.37;
J T (30) / qualification (29): Rishbh Nehra 80.12 (72.03); Uttam Patil 78.01 (73.90); Shivam Singh Lohakare 77.98 (76.39); Yashvir Singh 77.66 (73.96); Sahil Silwal 76.94 (74.05); Anand Singh 76.31 (75.46); Jaideep ?? 75.13 (70.14); Vikrant Malick 73.48 (71.94); Aditya ??/2006 72.15 (72.67); Utsav Tanwar 71.28 (71.74); Vishesh Tiwari 70.80 (71.29); Bibin Antony 70.78 (74.11); best non-qualifiers: Mohd Junaid 70.00; Sanuj ?? 68.64; Abhishek Drall 67.18;
Decathlon (27/28): Usaid Khan 7212 / 8th IND All-Time (10.96/+1.8; 6.41; 12.21; 1.82; 48.84 / 14.70/+1.0; 37.77; 4.60; 51.55; 4:48.82); Kushal Kumar Mohite 7102 (11.38/-1.1; 6.76; 11.13; 1.91; 49.90 / 14.53/+1.0; 34.38; 3.70; 60.91; 4:32.85); Joes S.Stalin 7090 (11.20/+1.8; 6.80; 12.05; 1.91; 51.07 / 16.27/+1.0; 36.87; 4.30; 59.00; 4:40.14); Rohit Roman 7087 (11.20/+1.8; 6.44; 11.88; 1.82; 50.04 / 15.02/+1.0; 37.14; 4.30; 53.13; 4:30.80); N.Thowfeeq 7016 (11.01/+1.8; 6.69; 11.21; 1.82; 49.07 / 14.83/+1.0; 34.10; 4.00; 59.04; 4:53.16);

S.Gokul 6745 (11.31/+1.8; 6.63; 12.15; 1.70; 50.49 / 15.64/+1.0; 37.61; 4.30; 48.69; 4:51.04); Kamal Singh 6628 (12.17/-1.1; 6.33; 12.18; 1.82; 51.63 / 16.10/-0.7; 37.57; 4.40; 58.22; 4:58.16); Amolak Singh 6530 (11.78/-1.1; 6.61; 11.63; 1.91; 53.16 / 15.75/-0.7; 34.86; 4.00; 52.48; 4:58.89); S.Harish 6147 (11.12/+1.8; 6.45; 10.64; 1.70; 51.74 / 16.07/-0.7; 32.74; 3.80; 49.82; 5:23.73);
20000 m Walk (29): Nitin Gupta/2008 1:24:22.98; Paramjeet Singh Bisht 1:25:10.43; Amanjot Singh 1:26:27.14; Rahul ?? 1:27:32.66; Vishvendra Singh 1:27:46.55; Bilin George Anto 1:28:00.24; Khangembam Pilot 1:28:01.76; Paramdeep Mor 1:29:11.64; Sahil ?? 1:29:17.54; Gaurav Kumar 1:30:24.14; Sarvjeet Patel 1:30:38.21; Sunil Kumar 1:32:39.28; Neeraj Chaurasiya 1:34:02.52;
4x100 R (29): Railway Sports Team (L.P.Bhoi, B.Siva, S.Tamilarasu, A.Borgohain) 39.44;
4x400 R (30): Railway Sports Team (S.K.Kaven, T.Shetty, V.Pnachal, R.Ramesh) 3:06.35;

Women:
100 m (28)/+1.9: S.S.Sneha 11.62; Sudeshna Shivankar 11.64; Abinaya Rajarajan/2006 11.67; Nithya Gandhe 11.71; Madathile V.Jilna 11.74; Tamanna ?? 11.74; Sakshi Chavan 11.85; V.Sudheeksha 12.04; heats (27) h1/ 0.0: Jilna 11.69; Chavan 11.89; Gandhe 11.93; Sukhveer Kaur 12.06; Shivani Saini 12.11; Prakruthi Roopa Rao 12.20; h2/+0.2: Rajarajan/2006 11.68; Sudheeksha 12.02; Avantika Narale 12.03; Sonia Dalel 12.07; Chaarvi Poojari 12.09; Sheetal Kumari 12.15; h3/+0.5: Sneha 11.66; Shivankar 11.72; Tamanna 11.84; Giridharani Ravikumar 11.94; Samriti Jamwal 12.01; Shatakshi Rai 12.03; Simran Kaur 12.04;
200 m (30)/-0.5: Sakshi Chavan 23.78; Neeru Pahtak/2007 23.87; Simran Kaur 24.41; M.Angel Silvia 24.44; Sonia Dalel 24.61;
heats (29) h1/+0.6: Chavan 24.15; Silvia 24.69; Vidhi Rawal 24.78; Avantika Narale 24.89; Prakruthi Roopa Rao 25.00; h2/-0.4: Shivani Saini 24.33; Tamanna ?? 24.72; Priya Mohan 24.77; S.Akshaya 24.84; Swathi Rongali 24.99; h3/+0.6: Pahtak/2007 23.89; Simran Kaur 24.47; V.Dhesikha/2006 24.61; Dalel 24.64; Samriti Jamwal 24.66; Giridharani Ravikumar 24.76;
400 m (28): Neeru Pahtak/2007 **52.85 / Asian 2025 Junior Leader** ; Olimba Steffi 53.75; Priya Mohan 54.04; Machettira Poovamma Raju 54.10; B.A.Anankha 54.38; Manisha Kumari 54.61; Rashdeep Kaur 54.61; Prachi ?? 56.74;
semis (27) s1: Anankha 54.71; Mohan 54.78; Prachi 55.00; Rashdeep Kaur 55.32; Sandra Mol Sahu 55.43; Meenu Sahu 55.84; Garima ?? 56.19; s2: Pahtak/2007 53.62; Raju 54.04; Steffi 54.12; Kumari 54.30; Gowri Nandana 55.34; V.Dhesikha/2006 55.58; Swathi Rongali 55.80; Kiran Pahal 57.28;
heats (27) h1: Mohan 54.94; Garima 55.53; Mol Sabu 55.78; Priya Thakur 56.82; Pahal 57.07;
h2: Anankha 55.37; Prachi 55.42; Rashdeep Kaur 55.77; Dhesikha/2006 56.14; Meena Sahu 56.81; Riya Patil 57.14; h3: Steffi 55.52; Gowri Nandana 55.98; Rongali 56.32; Vidhi Rawal 57.10; Veerpal Kaur 57.16; h4: Pahtak/2007 54.77; Kumari 55.23; Raju 55.53;
800 m (30): Pooja ??/(2002) 2:03.16; Lili Das 2:04.15; Amandeep Kaur 2:04.78; Thota Sankeertana 2:06.84; Phul Kumari 2:08.96; Payal ?? 2:09.31; Gowthami Jayaraman 2:10.80; Laxmi Priya Kisan 2:12.03;
1500 m (28): Lili Das 4:15.59; Sanjana Singh/2006 4:15.89; Kajal Kanawade 4:17.97; Amandeep Kaur 4:25.12; Nikita Sharma 4:25.98; K.M.Deeksha 4:31.30; Anju ?? 4:31.30; Phul Kumari 4:45.17;
5000 m (27): Seema ?? 16:01.27; Sanjana Singh/2006 16:03.23; Kajal Kanawade 16:21.88; Ravina Gayakwad 16:49.00; Nirmala ?? 16:56.83; Pooja ??/(2000) 17:23.2; Renu Singh 17:32.90; Kavita Yadav 17:37.64; Chandra Sharma 17:56.20;
10000 m (30): Ravina Gayakwad 35:30.16; Basanti Kumari 35:40.42; Soniya ?? 36:13.79; Renu Singh 36:48.05; Ankita ??/(2001) 36:48.30; Munni Devi 36:48.50; Reeba George 36:48.62; Kavita ?? 36:53.17; D.Latha 37:41.81; Anu Murukan 37:43.27; N.L.Thejawi 37:46.10; Chandra Sharma 37:57.55;
3000 m St (30): Ankita Dhiyani/(2002) 10:01.74; Komal Jagadale 10:14.34; Rebi Pai 10:37.26; M.Anupriya 10:47.40; Shaheen Dharwad 10:55.03; Susmita Tigga 10:57.34; Khushbu Gupta 11:00.18; Maneesha ?? 11:18.20;
100 m H (28)/-1.3: Nandhini Kongan 13.57; Moumita Mondal 13.84; Shreeya Rajesh 13.91; C.Anjali 13.92; Pranjali Patil 13.98; S.Sriireshma 14.17; Sabita Toppo 14.34; Namayi Ruchitha 14.45;
heats (27) h1/+0.4: Nandhini 13.99; Anjali 14.19; Sriireshma 14.31; Toppo 14.49; h2/+0.1: Patil 13.79; Mondal 13.88; Rajesh 14.12; Ruchitha 14.31;

400 m H (30): Olimba Steffi 58.93; Neha Dhabale 60.06; Deekshita Ramakrishna 60.19; R.Harshitha 60.58; Megha Munavallimati 61.15; Moumi Jana 61.36;
heats (29) h1: Dhabale 60.81; Ramandeep Kaur 61.75; K.Prajna 62.25; Munavallimati 62.27; h2: Steffi 60.54; Harshitha 60.76; Ramakrishna 61.05; Jana 62.29;
H J (28): K.Gobika 1.79; S.B.Supriya 1.73; Reet Rathor/2006 1.73; Manshi ?? 1.73; Kevinaa Ashwini Annavi 1.73; Rekha ?? 1.69; Athira Somaraj 1.69;
P V (29): Baranica Elangovan 4.10; Mariya Jaison 4.05; Krishna Rachan 3.90; V.Karthika 3.80; Blessy Kunjumon & Reshma Raveendran 3.70; Nisha Banu Abdulla 3.60; V.Dharshini Vijayakumar & Rajni ?? 3.40; Chuki Birda/2007 3.40; Nidhi ?? 3.20;
L J (30): Bhavani Yadav Bhagavathi 6.13/+0.5; Bhairabi Roy 6.07/+0.3 (& 6.03); Sherin Abdolghafoor 6.07/+0.9 (& 6.00); Deepanshi Singh 6.02/-1.0; V.S.Shridevika 5.97/+1.1; Taranika Teta 5.90/-0.2; Shiwangi Dubey 5.83/ 0.0; A.Abinaya Sri 5.76/-0.2;
T J (27): Bhairabi Roy 13.10/+0.9; Poorva Sawant 13.05/-0.1; Nimisha Dayma 12.96/-0.3; Niharika Vashisht 12.90/+0.9; Aleena Saji 12.84/-0.3; Mallala Anusha 12.77/-0.1; K.M.Sonam 12.47/+0.8; Pavithra Gopal 12.33/-1.0; Arshdeep Kaur 12.25/-1.5; Manali Chauhan 12.11/-0.2; Paveena Rajesh/2006 12.04/-0.8; Martina Lakra 12.03/-1.1;
S P (28): Yogita ?? 16.52; Shiksha ?? 15.92; Vidhi ?? 15.18; Shrishti Vig 15.05; Kachnar Chaudhary 14.96; Rekha ?? 14.76; Anjali ?? 14.20; Sonu Kumari 13.93; Suman Sharma 13.33;
D T (27): Seema ?? 55.26; Nidhi Rani 53.71; Sanya Yadav 52.0; Neetika Veerma 48.88; Bhavana Yadav 47.67; Nikita Kumari/2006 45.57; Sandeep Kumari 45.26; Amera Shah 44.85; Shivani ?? 43.64; Suravi Biswas 43.58; Madhu Verma 42.44;
H T (30): Tanya Chaudhary 60.83; Divya Shandilya 57.92; Manpreet Kaur 56.52; Aaisha Patel 56.29; Shruti Singh 55.27; Kulvinder Kaur 55.12; Anisha Dahiya 53.69; Varsha Kanpure 50.56; Neha Swami 47.33;
J T (29): Deepika Kumar 54.86; Karshima Sanil 53.85; K.Rashmi 52.34; Shakshi Sharma 50.94; Monika ?? 50.54; Seema ?? 49.26; Uma Choudhary 48.70; Khushee Yadav 46.24; Jyoti ?? 45.41; Sanjana Choudhary 45.27; Anjani Kumari 45.06; Shravya ?? 44.78; Lalita Chaudhary 42.26;
Heptathlon (29/30): K.A.Anamika 5629 (14.44/ 0.0; 1.75; 11.23; 25.23 / 5.90; 38.88; 2:17.67); Pooja ??/(2003) 5358 (14.61/-0.4; 1.69; 11.72; 26.31 / 5.46; 41.96; 2:20.58; Swapna Barman 5260 (14.69/-0.4; 1.69; 11.72; 26.94 / 5.60; 40.83; 2:24.51); Deepika Shamugasundaram 5078 (14.25/ 0.0; 1.51; 10.76; 25.57 / 5.84; 30.99; 2:22.23); Khushi ?? 4828 (15.40/-0.4; 1.69; 10.30; 25.98 / 5.47; 32.55; 2:34.94); Kajal ?? 4675 (15.53/-0.4; 1.54; 10.62; 26.27 / 5.12; 33.74; 2:25.39); Madhu ?? 4496 (15.23/ 0.0; 1.60; 8.59; 27.10 / 5.13; 32.85; 2:30.96);
20000 m Walk (29): Munita Prajapati 1:36:14.34; Kamla ?? 1:37:42.l2; Sejal Anil Singh 1:38:32.88; Bandana Patel 1:39:48.91; Komal Pal 1:40:24.54; Nikita Lamba 1:41:11.13; Preeti ?? 1:42:47.10; Mokavi Muthurathinam 1:43:21.79; Reshma Patel 1:44:44.58; K.Akshaya 1:46:24.80; Jaspal Kaur 1:47:11.39; Baljeet Bajwa 1:51:51.69; Neha Saini 1:59:40.84;
4x100 R (29): Railway Sports Team (T.Daneshwari, G.Ravikumar, A.Narale, N.Gandhe) 45.09;
4x400 R (30): Railway Sports Team (S.Baishya, O.Steffi, Prachi, S.Kaveramma) 3:39.28;

Mixed Relays:
4x400 R (28): Uttar Pradesh Team (S.Satish Kumar, M.Sahu, Nitin Kumar, N.Pahtak) 3:23.62;

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following are the best performances from two Regional Zone Junior Champs / both events including few Over-age athletes (i.e. born 2005) to be allowed to compete in the U20 events / no exact dates per event and no wind-measurements reported from the North Zone Champs (& for most events at the South Zone Champs) / overall the information is restricted to results from finals

36th South Zone Junior Champs at Guntur / 23. – 25.09.2025

Junior Men / under 20 years:
100 m (23)/-1.3: Kaif Ahmad Khan/2006 10.58; D.Prateek/2006 10.83;

heats (23) h1/-0.1: Khan/2006 10.72; h2/+0.6: Prateek/2006 10.83;
200 m (25)/nwi: S.Yuvaraj/2006 21.41; S.R.Rohan/2006 21.66; Gowtham Alluri/(2005) 21.75; D.Prateek/2006 21.78; Ayush Devadiga/2006 21.85;
400 m (24): Mohammed Ashfaq/2007 47.31; Edvin Mathew/2006 47.34 (& 48.63 as 1h2); V.Vignesh/2006 47.81; Rajesh Vadarevu/2006 48.37; Sheelam ??/2006 48.54;
800 m (25): Uwin Ananthan/2007 1:54.28; Kasi Boyana/2006 1:54.72; J.R.Kalyan/2006 1:54.92;
1500 m (24): Ranganna Naykar/2006 3:53.82; J.R.Kalyan/2006 3:55.00; Muhammed Jazeel/2007 3:56.39;
3000 m (25): Muhammed Jazeel/2007 8:36.37; Bitto Joseph/2006 8:37.77;
3000 m St (25): Banothu Chandra/2006 9:05.79; Mahesh Salla/2007 9:27.62;
110 m H / 99 cm (24)/nwi: K.Kiran/2007 13.96; S.Yuvaraj/2006 14.08; T.V.Karthik Krishna/2006 14.12; Shaik Roshan/2006 14.20; Naveen Murugan/2006 14.70;
400 m H (25): Vishnu Rathi/2006 51.93; S.Gurudeep/2006 52.59; Bhushan Patil/2006 53.10; T.Aghosh/2006 53.22;
L J (24)/nwi: B.Priyan Kumar/2006 7.53; M.Dhanush Raj/2007 7.23; M.Yuvavarathan/2006 7.09;
T J (25)/nwi: S.Sajalkhan/2006 14.88;
S P / 6 kg (25): A.Sai Kiran/2006 17.91;
H T / 6 kg (24): Yashas Kurbar/2006 59.55;
J T (24): T.Kanishkar/2006 66.48;
Decathlon (23/24): Gothi Parashura/2006 6237 (11.52/ 0.0; 6.83; 10.30; 1.66; 51.15 / 15.08/-0.2; 31.00; 3.20; 44.11; 4:36.15); Vethapriyan ??/2006 6172 (11.65/+0.5; 6.12; 10.40; 1.78; 50.71 / 14.77/-0.2; 34.60; 2.80; 45.83; 4:42.31);
5000 m Walk (24): Abhidev Sathyan/(2005) 22:42.88; Darshan ??/2006 22:58.16;
4x100 R (24): Karnataka Team (T.Yugesh/07, Sarvajeeth/07, A.Devadiga/06, D.Prateek/06) 41.58;
4x400 R (25): Tamil Nadu Team (S.K.Pragadeesh/07, Vishnu/06, U.Anantan/07, V.Vignesh/06) 3:13.85;

Youth Boys / under 18 years:
200 m (25)/nwi: Seshu Duddu/2008 21.78; Nakul Prabhu/2008 21.82; Sayed Sabeer/2008 21.88;
400 m (24): Sayed Sabeer/2008 48.76;
110 m H / 91.4 cm (24)/nwi: A.Mariya Ebinesh/2008 14.25; Koutharapu ??/2008 14.41; Rohan Rathod/2008 14.48; S.Chandan/2007 14.55;
S P / 5 kg (25): G.Anurag/2008 17.18;
D T / 1.5 kg (23): D.G.Sarvesh/2009 51.25; Avinash Talakeri/2008 50.97;
J T / 700 g (23): Z.Dharandharan/2007 66.84;
5000 m Walk (24): Adhith Anil/2008 23:25.79; Kosigi Mallikarjuna/2008 24:05.33; S.Manikandan/2008 24:06.71;
Medley R (23): Tamil Nadu Team (F.Russell/08, N.Samraj/09, R.Krithish/08, N.Prabhu/08) 1:56.42;

Junior Women / under 20 years:
100 m (23)/nwi: Suba Dharsini/(2005) 12.00;
200 m (25)/nwi: Suba Dharssini/(2005) 24.54;
400 m (24): Rupika P.Periyasamy/2006 56.27; Sneha Mariam/2006 56.64; P.V.Abhirami/2006 56.72;
800 m (25): P.Rupika/2006 2:14.93;
1500 m (24): K.Hemamathi/2006 4:46.50;
3000 m St (25): C.Chithra/2006 11:25.97; Swapna Kodavath/2007 11:28.01; C.R.Nithya/2006 11:27.82;
100 m H (24)/nwi: Shiny Gladssia/(2005) 14.23; Aerrolla Pranathi/2006 14.88;
400 m H (25): M.Yamuna/2006 63.40;
P V (25): B.Sowndharya/2006 3.40;
T J (24)/nwi: Janice Tressa Regi/2006 12.27; K.N.Bhumika/(2005) 12.01;
S P (25): V.Madhumitha/2006 13.12;
D T (23): Madhurya ??/2006 45.49; K.S.Anushree/2007 42.37;

Youth Girls / under 18 years:
100 m (23)/+0.1: S.Suchithra/2009 12.25;

100 m H / 76.2 cm (24)/nwi: N.Srigurpriya/2009 14.58; Durga Sri Dinesh/2008 14.68;
Heptathlon (24/25): Baddi Vyshali/2008 4346 (15.55/-0.9; 1.43; 10.84; 27.00/nwi / 5.11/nwi; 28.46; 3:39.87);
3000 m Walk (24): P.Niranjana/2009 15:39.64; P.V.Niranjana/2008 15:40.23; K.M.Priyanka/2008 15:55.22;
Younger Girls / under 16 years:
Medley R (23): Tamil Nadu Team (M.Deva Sahana/09, V.Balakrishnan/11, P.Venkatesan/10, S.Sakhtivel/10) 2:17.17;

Mixed Relays / under 20 years:
4x400 R (23): Kerala Team (M.Ashfaq/07, S.Wilson/06, E.Mathew/06, P.V.Abhirami/06) 3:32.15;

36th North Zone Junior Champs at Prayagraj / 23. – 25.09.2025

Junior Men / under 20 years:
200 m: Yuvraj Singh Chib/2006 21.85;
400 m: Amit Kumar/2007 48.56;
3000 m St: Pratik Dixit/(2005) 9:22.16;
110 m H / 99 cm (25): Nakul ??/2006 14.87;
400 m H: Amit Kumar/2007 53.72; Santosh Khati/(2005) 53.98;
P V: Ashish Sharma/2006 4.50;
S P / 6 kg: Yash Chhikara/2007 16.88;
D T / 1.75 kg: Vansh Deswal/(2005) 51.12; Ayush ??/2006 51.10; Sahil Kadian/2006 50.65;
J T: Aditya ??/2006 64.83; Mandeep Chaudhary/2006 64.82;
5000 m Walk: Robin Singh Chaho/2007 21:18.46; Dhruv ??/2007 22:30.16; Shani Kumar/2007 22:42.37;

Youth Boys / under 20 years:
400 m: Abhay Dubey/2008 48.25;
1000 m: Vinay Yadav/2008 2:27.28;
L J: Mohit Yadav/2008 7.09;
S P / 5 kg: Parth Solanki/2007 17.04;
J T / 700 g: Rajat Kumar/2008 77.99; Adarsh Yadav/2007 64.78;
Heptathlon / no details: Jaskiran ??/2007 4107;
5000 m Walk: Ayush Farswan/2009 22:11.68; Tanish Thakur/2009 22:11.69; Rishu Prajapati/2008 22:47.40;

Junior Women / under 20 years:
200 m: Preet Kumar/2006 25.01;
800 m: Vanshika ??/2006 2:14.70;
D T: Suhani Singh/2007 41.61;
H T: Gunjan Singh/2007 48.24;
5000 m Walk: Shikha Yadav/2007 26:11.47;

Youth Girls / under 18 years:
200 m: Heeral Saini/2009 25.14;
400 m: Tanu Chaudhary/2009 56.43; Mahak Sheoran/2009 56.85;
Heptathlon / no details: Avika Baliyan/2008 4019;
3000 m Walk: Sumanpreet Kaur/2008 13:52.44;

SRI LANKA

13th Defence Services Champs at Diyagama / 17. – 21.09.2025

(-courtesy of the Run-Results.com - website -)

following are detailed results from this competition for different National Services Teams (only results from finals reported)

Men:
100 m (30)/-1.5: Y.M.Chamod Yodasinghe 10.61; N.M.P.Pramuditha Silva 10.78; T.B.Udagedara 10.82; F.D.Chalith Piyumal 10.85;
200 m (29)/-2.0: Malith Koushan Thamel 21.00; D.D.Sadun Diyalawaththa 21.30;
400 m (29): S.K.A.M.Dismitha 47.06; Pabasara Niku 47.46; G.G.N.P.Bandara 47.81; M.G.D.D.M.Silva 48.23;
800 m (29): Sandaruwan Karunarathna 1:50.39; S.H.Shehan Dilranga 1:50.47; C.K.Aravindan 1:51.10; A.M.S.B.Aththanayka 1:51.96; W.A.K.Rashmika 1:54.40;
1500 m (30): Vicknaraja Vakshan 3:52.12; R.M.Nifras 3:52.83; H.A.Rukshan Habarakada 3:56.39;
5000 m (29): Vicknaraja Vakshan 14:58.42; J.K.Prasan 15:09.76;
3000 m St (30): T.M.L.C.Gunarathna 9:30.27; A.B.N.Alwis 9:30.53; Udaya Bandara Herath 9:30.64;
110 m H (29)/-1.3: Roshan Dhammika Ranathunga 14.09; W.P.Sandun Kosala 14.18; K.D.D.Ariyarathna 15.09;
400 m H (30): Asitha Tharanga Rathnasena 51.47; N.D.Kanila Viduranga 52.63; Y.Prawan Theekshana 53.17;
H J (29): S.A.Tharindu Dasun 2.21 / 4th (eq.) SRI All-Time; E.S.Deneth Anuhas 2.05; A.R.Pasan Dilhara 2.05;
P V (30): Arunthavarasa Puvitharan 5.11; M.H.Ishara Sandaruwan 4.80; D.D.R.J.Jayasinghe 4.60; D.H.G.S.Jayantha 4.50;
L J (29): J.Sampath Miranda 7.64/+1.1; U.D.Yeshan Wishmitha Silva 7.59/+0.6; J.H.Gayan Sampath 7.53/ 0.0; K.A.Pasindu Malshan 7.38/+0.2;
T J (30): K.A.Pasindu Malshan 16.19/+1.8; Sandun Krishantha Kumara 15.54/-1.6; U.D.Yeshan Wishmitha Kumara 15.34/-1.9; Hasithu Kavindu Dissanayake 15.04/-1.7;
S P (29): R.Samith Jayawardhana 14.75; Suseenthiran Kumar Mithunraj 14.70; Jayavi Ranhinda Alwis 14.57;
D T (29): Milantha Sampath Dissanayake 49.03; H.M.P.Rathnayake 46.69;
H T (30): L.G.Viraj Kumara 48.79; K.K.D.M.Dharmasena 48.31; H.M.A.Sanjaya Bandara 48.26;
J T (29): P.Rumesh Tharanga 85.52 (his 2nd best ever / 98 cm under his NR); Ravi Rathushan 75.15; A.W.P.N. Dhananjaya 70.89; Ranjith Nuwan Kumara 68.62; T.A.Deshith Bhagya 65.65; D.C.Edirisinghe 64.57;
4x100 R (29): Army Team (Piyumal, Weerarathna, N.M.Silva, Yodasinghe) 40.31;
4x400 R (30): Army Team (Weerasinghe, Dismitha, Bandara, Niku) 3:14.91;

Women:
100 m (30)-1.8: Fathima Shafiya Yamick 11.51 / 3rd (eq.) SRI All-Time; D.T.Amasha De Silva 11.86; T.A.Muthukumarana 11.98; W.S.H.Fernando 12.16;
200 m (29)/-2.8: Fathima Shafiya Yamick 23.79 / 6th SRI All-Time; W.S.H.Fernando 24.47; B.Sayuri Lakshima Mendis 24.54; K.Pahasara Majuwanagamage 24.73; T.A.Muthukumarana 24.99;
400 m (29): M.A.N.Harshani Fernando 53.20; B.Sayuri Lakshima Mendis 53.34; Nadeesha Ramanayake 53.43; M.H.Jayeshi Uththara 54.37; W.H.Madusha Fernando 54.52;
800 m (29): W.G.S.Lakshani 2:09.13; K.G.N.M.A.Kumari 2:09.29; H.M.Madushani Dilrukshi 2:09.37; M.G.P.Vihari Ranasinghe 2:10.84; K.Shanika Lakshani 2:13.34;
1500 m (30): W.A.M.Rasara Wijesuriya 4:27.06; K.G.N.M.A. Kumari 4:29.84; K.Shanika Lakshani 4:32.39; M.G.P.Vihari Ranasinghe 4:36.30;

5000 m (29): W.A.M.Rasara Wijesuriya 17:07.52; Nilanthi Lanka Ariyadasa 17:20.84; B.W.N.Sewwandi 17:51.58;
3000 m St (30): H.M.C.Sadumika Herath 10:57.66; Nilanthi Lanka Ariyadasa 11:05.31; K.S.Dilshani 11:35.93; W.M.N.Nidarshani 11:41.19; M.G.N.P.Kumari 11:54.86;
100 m H (29)/-2.0: W.V.Lakshika Sugandhi 14.08; H.W.K.Hapuarachchi 14.22; M.A.Bhagya Nilmini 14.43; L.G.A.Sathsarani 14.76; S.B.L.Dissanayake 14.95;
400 m H (30): K.H.A.Dasuni Kaushalya 58.75 / 4th SRI All-Time; L.G.A.Sathsarani 59.40; W.H.Madusha Fernando 61.57; Gihani Daneka Panduka 62.43; G.A.Shyama Dulani 63.18;
H J (30): Renindi Pehansa Gamage 1.73; A.A.R.Koshila Perera 1.73; H.K.T.Wickramarathne & S.M. Muditha Madushani 1.65;
P V (29): K.A.C.K.Kodithuwakku 3.30; M.A.S.Perera 3.20; J.A.N.Kalpana 3.10; G.S.D.D.Jayani 3.00;
L J (30): Dhananjaya Sithmini Ranasgalla 6.11/+1.4; L.P.A.Fernando 5.92w/+2.1; I.S.W.Arachchi 5.90/+1.7; D.M.Chathurika Dissanayake 5.84w/+2.6; G.I.S.Lankathilaka 5.73/+1.9; K.H.Nethmi Megawarna 5.71/+2.0;
T J (29): E.M.Sashani Upeksha 13.04/+1.9; V.H.R.Kuree 12.78/+1.1; L.S.W.Arachchi 12.71/-0.7; G.I.S. Lankathilaka 12.65w/+2.9; H.N.Neha Hettiarachchi 12.25/+0.8; A.U.K.Mayan 12.01/-1.0;
S P (30): Ovini Chandrasekara 13.01;
D T (29): Vishnu Vinodeni Lakmali 43.73; Ishara Maduranga Perera 40.31; J.Yelani Pabasara 40.12;
H T (30): Shanika Manoji Amarasinghe 43.11; M.G.N.Mandini 42.74; L.P.W.Thisarani 41.51;
J T (30): H.L.Dilhani Lekamge 56.92; D.M.I.Hasanthi Dissanayake 51.46; Y.T.Hansani 44.98; H.M.C. Lakmali 44.54;
4x100 R (29): Army Team (F.S.Yamick, T.A.Muthukumarana, B.I.M.Jayamanna, D.T.A.De Silva) 45.91;
4x400 R (30): Army Team (K.P.Majuwanagamage, W.G.S.Lakmali, N.Ramanayake, M.H.J.Uththara) 3:37.75;

Mixed Relays:
4x100 R (30): Army Team (W.V.L.Sugandhi, W.C.R.Wickramage. J.H.Perera, R.P.Chathuranga) 44.57;

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PHILIPPINES

(-courtesy of the PATAFA – Facebook - site -)

following are the best performances from the 2nd part of the WR Series Final meetings for Senior & U20) and few leading performances from the Youth/U18 meeting, which was held one day later

PATAFA Weekly Relays Series Final at Pasig / 04.10.2025

Men:
200 m/-0.2: Kent Jardin 21.83;
800 m: Teo Lou Papel 1:53.63; Rhannie Pilaspilas 1:53.91; John Martir 1:54.95; Pearl James Vente 1:55.27;
3000 m St: Junel Gobotia 9:07.60; Stephine Dellariarte 9:10.99 / 7th PHI All-Time; Ritchie Estampador 9:15.40; Noli Torre 9:20.37;
400 m H: Tochukwu Onoura Okolo 52.96; Jazzpeer Arcenal 54.51;
P V: Janry Ubas 4.30; Sean Harry Narag 4.30; Ronel Juntilla 4.10;
L J: Janry Ubas 7.66/+0.2; Kent Jardin 7.39/-0.3; Clint Neri 7.37/+0.1; Joshua Patorara 7.19/+0.2;
H T: Ed Delina 50.07;
T T: Kenny Gonzales 60.45; John Paul Sarmiento 59.39; Zoilo Reyes 59.34; Arthur Alintog 58.90;
5000 m Walk: John Arandia 23:52.05; Gabriel Macuring 24:26.78; Justine Macuring 24:26.78;
Junior Men / under 20:
200 m/+0.9: Andreas Womak/2006 21.88;
800 m: Gervickson Lanbora/2006 1:56.12; Mark Dave Nicolas/2007 1:57.29; Jerico Cadag/2007 1:57.71;
P V: Kent Ebron/2006 4.30; John Villar/2006 4.20;

L J: Markson Astrero/2007 7.47/+0.9; Efosa Aguinaldo/2007 7.06/+1.1;
5000 m Walk: Hanz Rafael Roxas/2006 23:37.42; Giean Abregunda/2007 24:02.26; Saud Abdul/2006 24:09.14; Marco Arela/2007 24:12.63; Gabriel Cervantes/2006 24:17.36;

Women:
200 m/ 0.0: Hannah Delotavo 25.14;
3000 m St: Edna Magtubo 10:44.22; Jessa Mae Roda 10:53.78; Nicole Diloy 11:24.96 / 3rd, 4th & 7th PHI All-Time; Meljoy Gonzales 11:58.19; Ana Marie Eugenio 12:18.64; Shiekhy Supremo 12:28.47; Aaliyah Baloro 12:49.72; Lezamy Sanita 13:05.24;
P V: Jessa Marie Libres 3.50; Marie Khrizzie Ruzol 3.10;
L J: Sarah Dequinan 5.81/+0.2; Antonette Aguillon 5.68/+0.5; Yna Soriano 5.68/+0.7;
H T: Rashied Faith Burdeos 42.87; Keisha Tolin 41.53; Joana Marie Bandal 41.52;
J T: Evalyn Palabrica 44.21;
Junior Women / under 20:
200 m/+0.1: Shane Joy Ponce/2006 25.27;
3000 m St: Charrylyn Samontina/2007 12:23.96;Lyka Mae Raterta/2007 13:13.39;
400 m H: Jecel Vivas/2007 63.29; Marilou Caduyac/2006 64.25;
H T: Jazen Arano/2006 40.95; Emma Bolden/2006 40.35;
J T: Ana Bhianca Espenilla/2007 42.80;

Mixed Relays:
4x100 R: DLSU Team (T.de la Torre, H.Deltavo, J.Patorana, A.Maglipon) 44.92;

PATAFA Weekly Relays Series Youth Final at Pasig / 05.10.2025

Youth Boys / under 18:
200 m/+0.7: Pi Durden Wangkay/2009 21.84; John Clinton Abetong/2008 22.00;
800 m: Anthony Caraso/2008 1:55.19; Jaymark Quitan/2008 1:57.05; Novie Masangcap/2008 1:57.11;
2000 m St: Jhul Ian Canalita/2008 6:00.61; Jerssylee De Vera/2008 6:06.73; John Lewis Abbu/2008 6:13.89;
400 m H: Ivan Cabanda/2008 52.64; Ven Mark Belardo/2008 54.61;

Youth Girls / under 18:
200 m/-0.7: Franceine Rosario/2008 25.07;
2000 m St: Maria Acampado/2008 7:41.94; Shaira Fantilaga/2010 7:58.96; Stephanie Cerezo/2008 8:15.55;
H T: Alyannah Rich Ico/2008 42.06;

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CHINESE TAIPEI

National Autumn Cup Meeting at Taipei City / 17. – 21.09.2025

(-courtesy of Mr Teng Kuo-Kai, CTTFA -)

following are detailed results from this competition for Senior, High School & Middle School athletes / all competitors from TPE except few guests from HKG as noted

Men:
100 m (18)/ time for the winner = 10.91 !!
heats (17) h3/+1.0: Lin Yu-Hsuan 10.68; h4/+1.8: Chen Yu-Chen 10.69; h5/+0.3: Li Po-Jun 10.81; h9/-2.7: Lai Po-Hsiang 10.69; h10/-1.7: Lin Chia-Le/2008 10.77; h11/-1.4: Huang Tsuo-Hsiun 10.46; h12/+1.8: Shan Tsang-Hung 10.56; h14/+0.3: Wei Tai-Sheng 10.54; Huang Chen-Yueh 10.82; h15/-2.0: Lin Yu-Sian 10.58; h16/-2.8: Chen Wen-Pu 10.68;

200 m (21) / Race A/-1.7: Wu Yen-Ming 20.91; Huang Tsuo-Hsiun 21.04; Lin Yu-Sian 21.50; Lin Hung-Yi 21.84; Wang Chiao-Hung 21.92; Race B/ 0.0: Chen Wen-Pu 21.37;
heats (20) h6/-1.6: Lin Yu-Hsuan 21.81; h8/+1.2: Hung Meng-Lung 21.54; h9/+0.4: Wang Chiao-Hung 21.38; h10/+0.7: Wei Tai-Sheng 21.41; Lin Hung-Yi 21.57; h11/-1.3: Lin Yu-Sian 21.41; h12/ 0.0: Lin Tsung-Han 21.85; h13/-0.4: Huang Tsuo-Hsiun 20.87; h14/-1.0: Chen Wen-Pu 21.89; h15/-0.3: Wu Yen-Ming 21.04;
400 m (18): Wu Yen-Ming 46.97; Yeh Hao-Nan 48.46; Wang Chiao-Hong 48.83;
heats (17) h3: Wang Chiao-Hong 48.29; h5: Yeh Hao-Nan 48.85; h10: Lin Chung-Wei 48.10; h14: Wu Yen-Ming 47.18;
800 m (21): Huang Chun-Hsiang 1:50.75 / 7th TPE All-Time; Li An-Chen 1:51.78; Huang Kuan-Yi 1:53.29; Tsou Hsin-Chen 1:54.00; Chen Yen-Lin 1:54.65; Kuan Chun-Cheng 1:55.47;
heats (20) h2: Tsou Hsin-Chen 1:55.30; h4: Li An-Chen 1:55.93; h5: Huang Kuan-Yi 1:52.55; h6: Huang Chun-Hsiang 1:53.77; Li Chi-Ju 1:55.79;
1500 m (19): Tsou Hsin-Chen 3:56.91;
5000 m (19): Chou Ting-Yin 14:50.14;
3000 m St (20): Chou Ting-Yin 9:10.71; Tseng Ting-Wei 9:16.30; Feng Feng 9:18.20; Jason Yeung Chun Ho HKG 9:21.90; Tseng Chung-Chiang/2006 9:27.15; Liao Hsuan-Hao 9:28.14;
110 m H (19)/-1.3: Lin Yi-Kai 13.93; Hsieh Yuan-Kai/2006 13.95; Cheung Wang Fung HKG 13.96; Wu Yu-Ting/2007 14.20; Hsieh Chun-Yen/2006 14.37; Lin Ting-Ta 14.38; Liu Yu-Chih 14.48; Chen Kuei-Ru 14.67;
heats (18) h1/-1.3: Cheung Wang Fung HKG 13.94; Liu Yu-Chih 14.32; Chu Yu-Hsiang 14.38; h2/-0.5: Chen Kuei-Ru 14.18; Lee Ka Yin HKG 14.59; Chen Yi-Chung 14.90; h3/-0.9: Hsieh Yuan-Kai/2006 14.14; Wu Yu-Ting/2007 14.26; Chou Cheng-Hua 14.47; Wu Yi-Han/2008 14.75; h4/-0.2: Lin Yi-Kai 13.83; Hsieh Chun-Yen/2006 14.22; Lin Ting-Ta 14.28;
400 m H (20): Chen Chian-Rong 51.12; Wu Yu-Ting/2007 51.24; Yang Chun-Hao 52.67; Huang Ting-Hsuan 53.40;
heats (19) h1: Wu Yu-Ting/2007 53.23; h2: Chen Chian-Rong 51.44; Huang Ting-Hsuan 52.27; Chih Chung-Han 52.77;
H J (17): Chang Teng-Jen 2.14; Lo Tzu-Chieh 2.11; Yen Po-Ting & Tsai Wei-Chih 2.08; Yang Wei-Chieh/2006 2.08;
P V (20): Wu Yen-Han 5.20; Huang Cheng-Chi 5.15; Hsieh Chia-Han 5.15; Huang Yang-Fu 5.05; Liu Chien-Lin 4.95; Chen Bo-Rui/2006 & Wang Ying-Kai 4.95; Lin Chun-Yi 4.85; Cheung Pui Yin HKG 4.85; Wang Tzu-Chien/2006 4.75; Hsu Che-Yu 4.60; Kao Chien-Chun 4.60; Chiu Chun-Chieh 4.60;
L J (21)/nwi: Parth Singh/2007 7.77; Wen Hua-Yu 7.42; Lin Chia-Hsing 7.41; Wu Hung-Yu 7.13; Wu Pei-Chia 7.10;
T J (18): Yang Chieh-Yu 15.15/+0.2; Yang Cheng-Hao/2006 15.11/+0.6; Wang Chun Wing HKG 14.92/-0.6; Chao Kun-Hsiang/2006 14.92/+0.1;
S P (17): Hsueh Mao-Hung 16.69; Lo Tang-Hui 16.11; Lu Hsin-Min/2009 15.21; Tsai Tzung-You/2006 15.08;
D T (20): Li Tzu-Yun 55.52; Wang Yao-Huei 54.56; Li Chen-Yu 51.40; Ma Shao-Wen 46.65; Li Shao-Ting 45.19;
H T (20): Shen Chih-Sheng 60.94; Shen Yu-Hao 59.14; Hu Hsiao-Chien 57.75; Lu Pin-Chun/2007 57.43; Luo Chen-Yi 54.32; Hsu Yuan-Chang 53.21;
J T (17): Wu Ping-Shen 74.47 / 8th TPE All-Time; Huang Shih-Feng 72.06; Huang Chao-Hung/2006 68.51; Hsieh Huan-Lin 67.54; Ke Yu-Chuan/2006 67.38; Li Yu-Hsin 66.74; Huang Chou-Che-Kai 64.42;
4x100 R (18): Changhua Normal University Team 41.76;
4x400 R (21): National Taiwan Normal University Team (Chen Yu-Hua, Li An-Chen, Wang Wei, Hsieh Kao-Ming) 3:18.60;

High School Boys:
100 m (18)/-0.6: Wu Tsong-Yan/2008 10.81;
200 m / heats (20) h27/-0.4: Yang Tsi-Ching/2006 21.98; h29/+0.7: Hsieh Cheng-Kuei/2007 21.77;
400 m (18): Lu Tsong-Han/2007 48.72; Chan Tzu-Wei/2008 48.75;

heats (17) h8: Lu Tsong-Han/2007 48.51; h22: Chan Tzu-Wei/2008 48.70;
800 m (21) Race A: Chen Yin-You/2009 1:55.80; Race B: Wu Hong-Shen/2008 1:55.11;
3000 m (21): Wang Cheng-Yu/2009 8:35.61;
5000 m (19): Wang Cheng-Yu/2009 14:56.53;
110 m H / 99 cm (19) / Race A/-0.6: Chen Yi-Hsiuan/2007 13.74; Chian You-Ren/2008 14.05; Liao Li-Ye/2008 14.13; Wang Yu-Tsi/2008 14.15; Lin Chia-En/2008 14.18; Shih Hao-Chun/2007 14.24; Liao Cheng-Yan/2008 14.48; Race B/-0.6: Lin Yu-Hsuan/2008 14.35; Lin Hung-Shiang/2009 14.47; Chang Ming-Ren/2007 14.54; Wu Hong-Yu/2009 14.58; Tsiao Yi-An/2009 14.60;
heats (18) h1/-2.2: Liao Li-Ye/2008 14.39; Lin Chia-En/2008 14.41; h2/-0.1: Wu Hong-Yu/2009 14.66; h3/-0.8: Chian You-Ren/2008 14.43; Lin Hung-Shiang/2009 14.64; h4/-0.4: Chang Ming-Ren/2007 14.62; Chian Yu-Chang/2008 14.63; h5/-2.7: Wang Yu-Tsi/2008 14.33; h6/-0.9: Lin Yu-Hsuan/2008 14.51; h7/-1.1: Shih Hao-Chun/2007 14.41; Liao Cheng-Yan/2008 14.50; h8/-1.3: Chen Yi-Hsiuan/2007 13.84; Ka-Di Shao-Ma/2008 14.49; Tsiao Yi-An/2009 14.58;
400 m H (20) / Race A: Tsai Hsin-You/2009 51.54; Lin Hung-Shiang/2009 52.69; Chian Yu-Chang/2008 53.16 (& 53.80 as 1h9 on 19th); Luo Chan-Hsiang/2009 53.80; Race B: Lin You-Rui/2008 53.74;
H J (21): Huang Kai-Lun/2010 2.06; Li Heng-An/2009 2.00;
P V (19): Huang You-Hung/2007 4.85; Wu Yu-Chieh/2008 4.85; Hsu Che-Jui/2007 & Sun Po-Chen/2008 4.75; Chen Chung-Ruei/2009 4.65; Lin Tsi-Lun/2007 4.65;
L J (20): Lin Chun-Yu/2008 7.16/-0.5;
T J (18): Hsiao Yu-Shen/2008 14.88/+0.4;
S P / 6 kg (21): Chen Yi-Hua/2007 17.91; Chen Wei-Fan/2007 16.84; Wang Chung-Yu/2007 16.11;
D T / 1.75 kg (20): Cheng Yao-Kuan/2007 55.04;
H T / 6 kg (19): Chien You-An/2007 62.50; Cheng Li-Yi/2009 57.41;
J T (17): Hung Yueh-Kuan/2007 66.88; Hsu Chui-Yu/2008 63.93; Wang Wei-Chung/2007 62.45;
5000 m Walk (19): Lo Sheng-Chin/2008 21:23.25; Chen Ruei-Kai/2008 21:23.51; Ke Yu-En/2008 21:26.05; Lin Hsin-Fu/2008 22:11.21; Tseng Yu-Hung/2009 22:35.46;
4x100 R / heats (18) h6: Stella Maris HS Team (Chao Shi-Yu, Su Hsiang-Yi, Wu Yi-Hsuan, Wu Yin-Hsien) 41.46;
4x400 R (21): Taipei Municipal HS Team (Lo Hung-Jun, Tsai Hsin-You, Chiang Chih-Yu, Chen Yi-Hsiuan) 3:16.35;

Middle School Boys:
2000 m St (20): Lin Yu-Shin/2010 6:13.20;
110 m H / 91.4 cm (19)/+1.3: Lin Pin-Han/2010 14.28; Chiao Yu-Cheng/2009 14.31; Chen Mi-An/2011 14.67;
S P / 5 kg (20): Li Chian-Chia/2010 16.34;
H T / 5 kg (18): Chen Sheng.Hsien/2010 59.79;

Women:
100 m (18)/-2.8: Liao Yen-Chun 11.92; Hu Chia-Chen 12.03; Chuang Yin-Yin 12.25;
heats (17) h1/+0.2: Chang Hsin-Ying 12.05; Chuang Yin-Yin 12.19; h4/-0.5: Chen Pei-Rong/2007 12.19; h5/-2.9: Liao Yen-Chun 11.95; h6/+0.3: Hu Chia-Chen 11.74;
200 m (21)/+1.1: Yang Mei-Mei/2006 24.09; Chang Po-Ya 24.53; Chuang Yin-Yin 24.61; Hu Chun-Wei 24.90; Lin Tsi-Chieh/2011 24.94; Tseng Hsin-Ying 24.96;
heats (20) h1/+0.5: Tseng Hsin-Ying 24.91; h2/+1.2: Chuang Yin-Yin 24.51; Hu Chun-Wei 24.67; h3/+0.5: Yang Mei-Mei/2006 24.68; h4/-1.5: Chang Po-Ya 24.62;
400 m (18): Liao Yen-Chun 54.60; Lo Pei-Lin 56.86; Huei Hsu-Chin 57.32; Weng Yun-Chieh 57.98;
heats (17) h1: Huei Hsu-Chin 56.06; Chou Chia-Wei 56.53; h2: Liao Yen-Chun 54.35; Po Pei-Lin 55.60; h3: Weng Yun-Chieh 57.97; h4: Liu Chen-Yu/2007 54.79; Ching Hsin-Ru 57.79;
800 m (21): Chen Chieh-An/2007 2:10.58;
1500 m (19): Chen Chieh-An/2007 4:36.55 (& 4:46.82 as fastest in heats on 18th); Hsu Yi-Chieh 4:45.62;
5000 m (19): Chen Mei-Tung 18:13.27; Chu Ying-Ying 18:16.40;

3000 m St (20): Hsu Yi-Chieh 10:56.94; Melanie Haarring 11:37.11; Su Feng-Ting 11:56.38; Marie Pascua Ashanti/2006 11:59.98;
100 m H (19)/-0.2: Chang Po-Ya 13.75; Lin Tsi-Chieh 14.25; Hsieh Ju-Pi 14.34; Lau Tsz Yan HKG 14.36; Lin Hsiao-Huei 14.42; Chung Chao-Chen 14.61; Wu Yu-Ning/2006 14.80; Yi Po-An/2006 14.91;
heats (18) h1/-2.0: Lau Tsz Yan HKG 14.16; Chung Chao-Chen 14.44; Wu Yu-Ning/2006 14.82;
h2/ 0.0: Yi Po-An/2006 14.16; Lin Hsiao-Huei 14.22; Yang Chi-Yun/2007 14.95; h3/-1.2: Chang Po-Ya 13.53; Lin Tsi-Chieh 14.06; Hsieh Ju-Pi 14.27; Lin Ting-Wei 14.87;
400 m H (20): Chung Hsin-Ru 58.16 / 4th TPE All-Time; Lo Pei-Lin 58.19; Liu Chen-Yu/2007 59.09; Yi Po-An/2006 63.94;
heats (19) h1: Chung Hsin-Ru 60.32; h2: Linu Chen-Yu/2007 59.58; Yi Po-An/2006 62.61; h3: Lo Pei-Lin 57.96;
H J (21): Li Ching-Ching 1.79; Wang Yi-Hsun/2006 1.73; Lin Yu-Hsien 1.73; Chang Chiao-Yin 1.70; Tsou Shu-Chun 1.67;
P V (18): Ren Chun-Ying 3.95; Shen Yi-Ju 3.85; Chen Hsuan-Lin 3.60; Hsieh Yu-Ting 3.60; Yen Min-Hsin 3.60; Tsai Chiao-Yu/2007 3.40;
L J (20): Hsiang Chia-Li 6.09/+0.5; Liu Li-Chi 5.92/+1.2; Huang Shih-Han 5.86/+0.2; Lin Tzu-Chi 5.82/+0.3; Wang Tzu-Hsuan 5.75/-0.5; Chou Yi-Hsin/2006 5.75/+1.9;
T J (18): Huang Shih-Han 12.58/+0.3; Lin Yu-Ting 12.42/-0.4; Huang Yu-Ti 12.41/-1.0; Hung Pei-Ning 12.32/-0.1; Hsu Pei-Chieh 12.11/+0.3;
S P (17): Wu Tzu-En 15.64; Tseng Chih-Wei 14.72; Chien Chen-Hsin 14.42; Chiang Yi-Hsin 13.55;
D T (20): Liu Chih-Jen 46.72; Chien Tien-Ai 45.97;
H T (18): Hung Hsiu-Wen 61.07 / 3rd TPE All-Time; Hung Chi-Hsien 53.14; Lin Yi-Chen 49.11; Tsai Tzu-Yen/2006 47.95; Wu Pei-Chi 47.00; Li Mei-Le/2006 46.22; Chang Yung-Hsian/2007 45.56;
J T (17): Liu Chih-Jen 54.82; Chiu Pin-Hsun 53.53; Li Huei-Chun 52.29; Su Chao-Chi 50.31; Chiu Yu-Ting 50.07; Huang Ting-Yu/2006 49.01; Tseng Hsin-Huei/2006 45.46; Cheng Hsin-Yi/2006 44.22; Shi Hsin-Hua 43.63; Chuang Yi-Ting 42.58; Hsu Ruo-Chia 42.15;
4x100 R (19): Taipei Athletics Training Team (Chen Ya-Yen, Liu Chen-Yu, Chai Chen-Hsin, Liao Yen-Chun) 46.57;

High School Girls:
200 m (21)/-0.5: Chen Yi-Tsen/2010 24.91 (& 24.81/-1.0 as 1h13 on 20th);
400 / heats (17) h3: Yu Hsieh-Kuan/2008 57.55; h10: Lin Chiao-Ling/2009 57.90; h11: Chen Yi-Tsen/2010 56.34;
3000 m St (20): Wu Yu-Wei/2009 11:47.67; Hsiao Chun-Hua/2009 12:04.16;
100 m H (19) / Race 1/-2.3: Lin Pei-Hsuan/2007 14.75; Race 2/ 0.0: Chang Yu-Ching/2007 14.32;
heats (18) h3/-1.3: Lin Pei-Hsuan/2007 14.74; h4/-2.5: Chang Yu-Ching/2007 14.44;
400 m H (20): Liao Yu-Chen/2009 62.45; Syu Tsing-Kuan/2008 63.05 (& 63.90 as 1h3 on 19th); Chen Yu-Ching/2007 63.45;
H J (20): Wang Yu-Ho/2008 1.70; Peng Cho-Chiao/2008 1.6; Chen Hsiao-Ting/2009 1.67;
P V (18): Shen Si-Yu/2007 3.65; Lin Yun-Ni/2007 3.65; Yang Yung-Ching/2010 3.40; Chieh Liu-Yu/2010 3.40;
L J (19): Syu An-Tong/2009 5.73/+0.6; Tsung Tsi-Yun/2009 5.65/+0.3; Chen Ruei-Yu/2008 5.64/-0.7;
T J (18): Tsung Tsi-Yun/2009 12.09/+0.2;
D T (19): Shih Yun-Chen/2009 42.91;
H T (18): Shih Chiao-Cho/2007 52.74; Li Yi-Chih/2008 47.33; Lin Tsi-Fang/2008 45.72; Chang You-Yu/2009 45.55; Tseng Yu-Han/2009 44.72; Huang You-Chia/2009 44.08;
J T (21): Tai Yu-Chin/2007 53.91; Chen Li-Tsen/2008 44.93; Lin Su-Yun/2008 43.98; Li Hsuan-Yu/2008 42.71;
5000 m Walk (19): Wu Yi-Chun/2009 25:57.41; May Hsin/2007 26:11.04; Lu Shin-Yu/2007 26:23.10;
4x100 R (19): Taoyuan Yung-Feng HS Team (Huang Pin-Chieh, Wu Yu-Wen, Chen Yu-Chieh, Huang Yu-Ting) 47.90;

Middle School Girls:
2000 m St (20): Chen Liang-Liang/2010 7:44.88;
400 m H (20): Mo Yu-Chin/2010 63.14 (& 63.94 as 1h7 on 19th);
H J (20): Lu Tsi-Tung/2011 1.65;
D T (20): Ma Chia-Le/2010 41.83;
H T / 3 kg (18): Pan Yu-Tsian/2010 52.10; Chiang Feng-Ling/2012 47.51;
J T / 500 g (21): Chen Yu-Chen/2011 44.39;
5000 m Walk (19): Lo Yu-Hsuan/2012 26:31.37;
4x100 R (19): Taipei Datong MS Team (Ye You-Hsuan, Wang Yu-Rou, Lin Yen-Chiun, Tsai Hsin-Ni) 47.78;

Mixed Relays:
4x400 R / High School (19): Taichung Chung-Ming HS Team (Hsieh Chang-You, Li Yu-Hsuan, Chan Tzu-Wei, Chen Yi-Tsen) 3:32.87;
4x400 R / Middle School (19): New Taipei Guang-Rong MS Team (Chiu Shuai-Ting, Yang Tsiao-Yi, Chen Yu-Tze, Wang You-Han) 3:38.94;

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MALAYSIA

Regional Borneo Games at Kuching / 25. – 27.09.2025

(-courtesy of the Games website -)

following are selected best performances from the Athletics events at these Regional Multi-Sports Games with several teams from Malaysia and few participants from Indonesia & Brunei as noted / results for some finals and for some heats not reported / no wind-readings

Men:
100 m (25): Dylan Leo Saran Stephen/2006 10.67; Jonathan Nyepa 10.70; Dexter Bedie/2006 10.87;
200 m (26): Pengiran Aidil Hajam Roslee 21.55; Dylan Leo Saran Stephen/2006 21.67; Luis Lexsander Jonathan/2008 21.77;
400 m (27): Muh.Khalif Helmi 47.28; Muh.Qarliff Kuyt Abdullah/2007 47.77; Yusry Muh.Saifullah/2008 48.17;
800 m (27): Danial Hakim Mohd Omar 1:58.55; Mohd Nafiq Hussin 1:59.24; Kasyful Asyman Arifin BRU 1:59.33;
110 m H (26): Elvin Yap Zhi Xuan 14.52; Muh.Ilham Jaffar/2007 14.67; Muh.Fazrul Nizam Ajoh/2006 14.69; Jeffryson Luat Shakespeare/2006 15.28;
400 m H (25): Muh.Qarliff Kuyt Abdullah/2007 54.69;
H J (25): Farrell Glenn Felix Jurus 2.05; Mohd Eizlan Dahalan 2.05;
L J (26): Andre Anura Anuar 7.38;
T J (27): Andre Anura Anuar 14.52;
S P (25): Jonah Chang Anak Rigan 17.59; Earl Isaac Mitzler Fredolin 14.74;
D T (26): Jonah Chang Anak Rigan 50.26;
H T (27): Jackie Wong Siew Cheer 61.63; Nabil Faiz Ayub 50.25;
4x100 R (25): Sarawak Team/MAS (D.Pu Young Chu, D.L.Saran Stephen, M.R.Zaidi, J.Nyepa) 41.04;
4x400 R (26): Sarawak Team/MAS 3:19.62;

Women:
100 m (25): Nur Aishah Rofing Aling 11.97; Ormilla Octavia Cooday Nyadau/2006 12.34;
200 m (26): Ormilla Octavia Cooday Nyadau/2006 25.26;
400 m (27): Chelsea Cassiopea Evali Bopulas 56.66;

3000 m (26): Nefriana Ariance Daik INA 10:16.42;
3000 m St (27): Nefriana Ariance Daik INA 11:04.99; Nur Denisha Shazliatie Abdullah/2010 12:28.10; Alya Marissa Maizul Anuar/2009 12:34.83;
100 m H (26): Syarifah Nur Alisya Syed Zafrina/2006 15.29;
P V (25): Evelyne Tan Xie Yie 3.20; Samantha Mae Godfrey Binting 3.10;
H T (26): Grace Wong Xiu Mei 57.26; Yoyo Wong Zhi Yeo 40.04;
J T (26): Ng Jing Xuan 44.51;
4x100 R (25): Sabah Team/MAS (H.Jamain, S.N.Beliamor, C.C.E.Bopulas, N.A.R.Aling) 47.53;
4x400 R (26): Sabah Team/MAS 3:56.32;

Mixed Relays:
4x400 R (27): Sabah Team/MAS (H.Jamain, M.K.Helmi, C.C.E.Bopulas, P.A.H.Roslee) 3:33.11;

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INDONESIA

19th National POMNAS Games at Semarang / 21. – 24.09.2025

(-courtesy of Mr Umar Yono, PASI-)

following are the best performances from the Athletics events at these National Multi-Sports Games

Men:
100 m (24)/+1.9: Muh.Tofik Hidayat/2007 10.63; Sulaifan F.Al Rasyid 10.64 (& 10.86/+0.3 as 1h1); Eryk Aprya Dwycandra 10.67; Muhammad Rifqi Ullil 10.69;
200 m (22)/+1.2: Muhammad Arief Suharto/2006 21.78 (21.771); Sulaifan F.Al Rasyid 21.78 (21.775);
400 m (21): Ismail Maulana 47.67; Eqman Yance Kafiar/2006 47.69; Mirawan 48.45; Muhammad Arief Suharto/2006 48.46;
800 m (23): Muhammad Fauzan 1:55.48; Asfari/2006 1:55.57;
1500 m (21): Yad Hapizudin/2006 3:57.48;
5000 m (22): Yad Hapizudin/2006 15:10.27;
110 m H (23)/+2.1: Ayub Kabri 14.34w; Brian Bagas Swara 14.51w; Dhiwahara Iqbal Jati 14.92; Baim Bagus Sirait 14.98;
400 m H (22): Arsa Anak Agung Gede 53.15; Fadhli Muhammad Nur 54.35;
H J (23): Rafael 2.10;
L J (22)/nwi: Muhammad Mushal Daiful/2006 7.45; Liu Ming Tjai 7.19; Taufik 7.11; Farrel Wijayanto 7.08; Dery Affandi 7.07;
T J (24)/nwi: Farrel Wijayanto 14.70; Muhammad Mushal Daiful/2006 14.61;
S P (21): Stevanus Benaya 14.37;
D T (24): Nur Muhamad Rifki 49.72 / 3rd INA All-Time; Malik Ibrahim 45.28;
H T (22): Malik Ibrahim 50.65;
100000 m Walk (23): Ainul Yaqin 49:29.10;
4x100 R (23): Jawa Timur Team (B.Bagus Swara, S.F.Al Rasyid, M.Ismail, E.A.Dwycandra) 41.62;

Women:
100 m (24)/+0.5: Devi Aprilian 11.87; Daniela Elim Aprilina 12.20;
heats (24) h1/-0.4: Devi Aprilian 12.24; h3/-0.2: Daniela Elim Aprilina 12.23;
200 m (22)/ 0.0: Diva Aprilian (sister to Devi) 25.18; Anggela Merici Anggu 25.27;
100 m H (23)/+1.0: Devi Aprilian 13.89 / 6th INA All-Time; Mariska Yunitasari 14.12; Siti Nurhalizah 14.62;
400 m H (22): Hilda Sesri Rahayu 63.32; Siti Nurhalizah 64.43;

H J (24): Nabilah Fafriliani 1.67; Novi Luthfi Afifah 1.64;
L J (21)/nwi: Diva Aprilian 5.95; Katyea Ebri Safitra/2007 5.62;
T J (23)/nwi: Katyea Ebri Safrita/2007 11.90;
S P (21): Salsyabila Aprilia 13.71;
D T (24): Mariana Rosali 41.19;
H T (22): Natasya Mahdalita 48.62; Dewi Wulandari 42.10;
4x100 R (23): DKI Jakarta Team (K.Aghata, Diva Aprilian, D.E.Aprilina, Devi Aprilian) 46.78;

Mixed Relays:
4x100 R (21): DKI Jakarta Team (K.Aghata, D.E.Aprilina, M.Farhezi, L.Muhammad) 44.45;

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MACAO

Review of National Records not yet reported during last months

(-courtesy of the Federation – website -)

following are new National Records (NR, NJR & NYR) according to the information at this website

Women:
200 m: Loi Im Lan **24.47/-0.1 / NR** at Guangzhou/23 May 2025;
according to different reports she she improved her NR as the winner at the Guangdong University Games, where she won another Gold medal with 11.69 seconds at 100 m; however, official results from these Games for different sports aren´t available

Junior Men:
1500 m: Huang Jia Ming/2007 4:05.03 / NJR (2) HKG/12 Apr 2025;
110 m H/1.067 cm: Tam Chi Seng/2006 14.83/ 0.0 / NJR (2h1) HKG/28 Jun 2025:
4x100 R: MAC National Junior Team (Huang Jingsong/06, Leong Lok Io/08, Kuok Hio Nam/09, Lou Chi Seng/07) 41.13 / NJR (3) HKG/11 May 2025;
4x400 R: MAC Escola Team (??/06, Wong Cheng Sam/07; Huang Jingsong/06, Leong Lok Io/08) 3:25.97 / NJR (1) Macau/23 Mar 2025;

Youth Boys:
L J: O Kai Leong/2008 7.05/-0.9 / NYR at Macau/25 May 2025;
T J: O Kai Leong/2008 14.38/+0.5 / NYR at Macau/25 May 2025;
S P / 5 kg: Fong Chi Cheong/2008 15.72 / NYR at Shenyang/13 Aug 2025;

Junior Women & Youth Girls:
200 m: Sin Wai Nam/2008 25.63/+1.0 / NYR (3) HKG/11 May 2025;
800 m: Mui I Kei/2008 2:21.30 / NYR (1h1) Pathumthani/23 Jun 2025;
1500 m: Mui I Kei/2008 4:58.69 / NJR & NYR (7) HKG/11 May 2025;
400 m H/ 76.2 cm: Ng Ka Fu/2009 72.96 / NYR at HKG/14 Sep 2025;
L J: Wang Ka Wai/2009 5.32/-0.4 / NYR at Macau/21 Mar 2025;
T J: Lei Chi Kio/2008 10.33/+0.7 / NJR & NYR at HKG/ 7 Sep 2025;
4x400 R: MAC Escola Team (Lok Ka Io/09, Mui I Kei/08, Sin Wai Nam/08, Ng Ka Fu/09) 4:09.26 / NYR at Macau/24 May 2025;

ON THE ROAD

(-courtesy of Road Race websites -)

MALAYSIA

Internat.Standard Chartered Marathon at Kuala Lumpur / 05.10.2025

following are detailed results (up to TOP 10 per category)

Men:
Marathon:
John Nzau Mwangangi KEN 2:17:28; Kiprotich Kirui KEN 2:17:45; Vincent Kiprono KEN 2:18:06; Kiprop Tonui KEN 2:18:17; Peter Murimi Muthiku KEN 2:18:29; Japhet Too KEN 2:18:37; Paul Katisa Matheka KEN 2:19:03; James Tallam KEN 2:21:02; Joseph Mwange Ngare KEN 2:21:22; Haruki Okayama JPN 2:23:11;...1st Veteran: Hosea Kogei KEN 2:31:50;...best Malaysian: Yeow Ni Jia 2:36:13; Leong Tan Huong 2:37:05;
Half Marathon:
Francis Kioko Nzyoki KEN 1:11:08; Sedilta Pilon INA 1:11:26; Subas Gurung NEP 1:12:26; Hideyuki Ikegami JPN 1:12:43; Ruveshwaran Balachandran MAS 1:14:13; Sivaneshwaran Gunasegaran MAS 1:14:36; Ruzaini Mahadi BRU 1:15:10; Ahmad Syakir Alwis MAS 1:15:56;
10 km Road Race:
Sonny Wagdos PHI 32:26; Sanjay Maniwaran MAS 33:22;

Women:
Marathon:
Truphena Chepchirchir KEN 2:41:36; Almaz Negede Fekadu ETH 2:41:50; Joyline Chemutai KEN 2:42:34; Lydia Naliaka Wamal KEN 2:42:51; Peris Jerono KEN 2:42:53; Peninah Jerop Arusei KEN 2:43:15; Jemimah Musau KEN 2:44:46; Janet Jelagat Rono KEN 2:47:42; Bilo Bashanke Imoshi ETH 2:50:17; Mercy Jelimo Too KEN 2:54:05 (1st Veteran); Jane Wanjiru Muriuki KEN 2:57:39 (2nd Veteran); Purity Jelimo Serem KEN 3:02:34;...best Malaysian: Michelle Chua Khi Yeng 3:05:40; Noor Amelia Musa 3:09:03; Tiffany Lee Siok Chin 3:11:07;
Half Marathon:
Petronilla Nduku Musengya KEN 1:23:55; Rachel See SGP 1:24:13 (1st Veteran); Eunice Mukina Mutungi KEN 1:24:56; Suthinee Dansoonthornwong THA 1:30:21; Loh Chooi Fern MAS 1:34:44; Gudrun Bjorg Ingmundardottir ISL 1:34:59; Melissa Lua MAS 1:36.01; Lim Ee Kiom MAS 1:36:05; Sarocha Sinprasap THA 1:36:10;
10 km Road Race:
Joida Gagnao PHI 39:23;

International Marathon at Kuching / 21.09.2025

Men:
Marathon:
Daniel Rono KEN 2:26:20; Hosea Kogei KEN 2:26:36; David Kipsang KEN 2:26:56; Mark Kipruto KEN 2:29:03;
Half Marathon:
Job Minacho Kamonde KEN 1:09:30; Benard Kiplangat Kibilo KEN 1:10:15; Thomas Kipkorir Maritim KEN 1:12:08; Syahrullah Safri MAS 1:16:39;

Women:
Marathon:
Abigail Jerop KEN 3:15:18; Tiffany Lee Siok Chen MAS 3:18:41; Sally Ann Yap Yu Ing MAS 3:30:36;
Half Marathon:
Caroline Cherono KEN 1:27:38 (no others under 1:40);

International Half Marathon at Pahang / 21.09.2025

Men:
Kelvin Kiplagat Kipruto KEN 1:07:27; Elias Nyaga Muthoni KEN 1:10:05; Samuel Chege Mwangi KEN 1:10:19; Onesmus Mathangu Maithya KEN 1:11:37;

Women:
Ruth Gacheru Wanjiku KEN 1:29:30; Teresiah Kabui KEN 1:29:34; Nelly Jeptanui KEN 1:36:02; Lee Yee Shi MAS 1:36:17; Ang Kee May MAS 1:37:37;

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VIETNAM

Techcombank International Marathon at Hanoi / 05.10.2025

Men:
Marathon:
Ebisa Takele Kure ETH 2:29:35; Kennedy Lilan KEN 2:30:28; Hoang Nguyen Thanh VIE 2:30:58; Huynh Anh Khoi VIE 2:33:35;
Half Marathon:
Nguyen Trung Chong VIE 1:10:07; Hillary Kipchumba Kimutai KEN 1:13:45; Hoang Viet Vi Ly VIE 1:13:46;

Women:
Marathon:
Hoang Thi Ngoc Hoa VIE 2:54:20; Bui Thi Tun Ha VIE 2:57:04; Doan Thi Oanh VIE 2:57:56; Nguyen Thi Tra Giang VIE 3:07:56; Thai Thi Hong VIE 3:08:17; Hoang Huong Thuy VIE 3:10:22; Pham Thi My Duyen VIE 3:12:54;
Half Marathon:
Nguyen Thi Oanh VIE 1:20:05; Bang Thach Long Trinh VIE 1:32:24; Tran Thi Hong VIE 1:33:51;

HD Bank Green National Marathon at Can Gio / 27.09.2025

Men:
Marathon:
Huynh Anh Khoi 2:27:19; Le Van Tuan 2:31:17;
Half Marathon:
Pham Ngoc Phan 1:14:12;

Women:
Marathon:
Le Thi Ha 2:58:27; Vu Khanh Linh 3:04:09; Nguyen Thi Thu Ha 3:06:11; Le Thi Phuong 3:08:52; Tran Thi Kim Kieu 3:12:44; Nguyen Thi Tra Giang 3:13:29; Le Thi Kha Ly 3:15:03;
Half Marathon:
Nguyen Khanh Ly 1:29:24; Le Thi Huyen Trang 1:34:46;

KAZAKHSTAN

International Marathon at Shymkent / 14.09.2025

all following runners from Kazakhstan except few foreigners as noted

Men:
Marathon:
Islam Amangos 2:27:49; Amir Baitukanov 2:33:03; Aman Nurkeldiy 2:36:30; Ruslan Oglov 2:37:09;
Half Marathon:
Ilya Tyapkin KGZ 1:06:37; Daryn Konysbayev 1:06:39; Yessenbol Zhanabek 1:08:06; Yerzan Janarstanov 1:09:53;
10 km Road Race:
Diyorbek Akhmedov UZB 31:20; Alisher Akhmatillayev UZB 31:20; Alexandr Ten 31:26; Islam Abylkhanuly 31:48;

Women:
Marathon:
Aliya Turanova 2:53:41; Alexandra Bekisheva 3:21:25;
Half Marathon:
Elena Tolstykh 1:20:46; Kateryna Vasylchenko UKR 1:23:07; Elvira Tahauova 1:25:06; Saniya Kudaibergen/2006 1:28:17; Madina Kerimova 1:33:50; Mariya Valyeva 1:34:55;
10 km Road Race:
Dana Aidossova 34:55; Akbilek Kuralbay 35:19; Zhanna Mamazhanova 35:31; Akbayan Nurmamet 36:20; Diana Yerzhanova 37:20; Ayana Bolatbek kyzy/2006 37:38; Diana Assanova 37:55;

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INDIA

Sarmang Marathon at Dehradun / 05.10.2025

Men:
Marathon:
Bijay Deka ETH 2:30:31; Adinew Mekonnen ETH 2:36:30;
Half Marathon:
Pramod Singh IND 1:07:43; Avnish Rawat IND 1:09:21; Ankit Kumar IND 1:09:52; Ashwani Saini IND 1:09:59; Aneesh Chandel IND 1:10:06;

Women:
Marathon:
Reenu ?? IND 3:08:45; Gauri Kothyal IND 3:16:56;
Half Marathon:
Radha ?? IND 1:34:58;

Kauvery National Half Marathon at Trichy / 05.10.2025

Men:
Nikil Kumar 1:10:36; C.Alexkumar 1:10:53; Nagesh Powar 1:11:01;

Women:
A.Geethananjali 1:25:20; S.Divya 1:27:23; S.Kiruthika 1:30:33;

SRI LANKA
LSR International Marathon at Colombo / 05.10.2025

only the following few details reported from this Race / for the Women Marathon only the time for the winner and no information from the Half Marathon races except the names of the National Race winners (H.C.S.D. Gunasekara as 1st Men & Nayana Sewwandi as 1st Women)

Men:
Marathon:
Elias Nyaga Muthoni KEN 2:25:35; Kumar Shanmugeswaran SRI 2:26:30; Udaya Chanaka Rupasinghe SRI 2:27:02;

Women:
Caroline Cherono KEN 2:58:09; Wathsala Madushani Herath SRI (no time); Chamila Siliwardane SRI (no time);

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BHUTAN
International Marathon at Thimpu / 27.09.2025

Men:
Marathon:
Sangay BHU 2:40:20; Prabal Chettri BHU 2:40:57;
Half Marathon:
Durga Bahadur Budha NEP 1:09:55; Sangay Wangchuk BHU 1:15:54; Sonam Thinley BHU 1:17:33;

Women:
Half Marathon:
Tshering Lambo BHU 1:32:38; Samten Dema BHU 1:32:39;

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CROSS COUNTRY
KAZAKHSTAN
National Championships at Taldykorgan / 07.10.2025

Men / 12 km:
Esenbol Zhanabek 37:36.7; Danyar Ormangali 37:37.1; Aibol Omar 38:15.1; Zangor Algozhauly 39:00.4; Akimzhan Yelekenov 39:21.1;
Junior Men / 8 km:
Bagzhan Serikhan/2006 26:04.3; Kamil Salihov/2007 26:34.1; Maxim Yeryomin/2007 26:57.0; Alizhan Doszhan/2007 27:24.3;
Youth Boys / 4 km:
Arman Syrymov/2008 12:33.2; Murat Nurbolsyn/2009 12:33.8; Iliyas Kaisar/2009 12:45.4;

Women / 8 km:
Akbilek Kuralbay 27:57.4; Dana Aidossova 28:10.8; Akbayan Nurmamet 28:14.5; Viktoriya Sukachyova 29:28.1;
Junior Women / 6 km:
Alana Bolatbek kyzy/2006 21:13.4; Saniya Kudaibergen/2006 21:45.0; Darya Miller/2006 21:46.5; Uldanai Abylkhan/2007 22:22.6;
Youth Girls / 2 km:
Viktoriya Melnikova/2010 6:50.1;